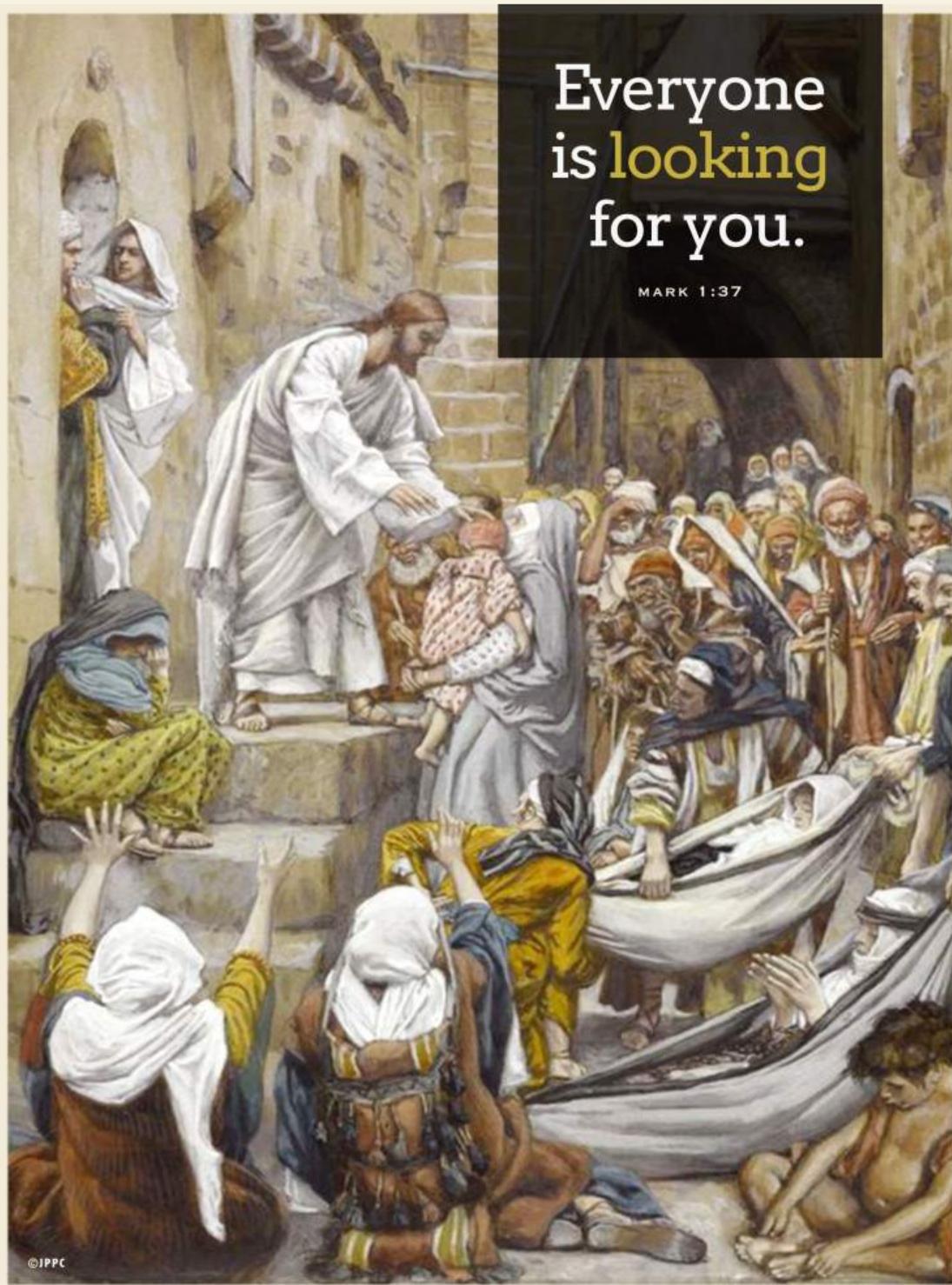


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MARK 1:37

FIFTH SUNDAY IN ORDINARY TIME
FEBRUARY 4, 2024

Pastor: Rev. Rees W. Doughty
pastor@stmariannecope.com

Weekend Assistant: Rev. Robert Phelps
Deacons: Leonard Farmer, Anthony Ferraiuolo, Joseph Lieby, John Pelella

Faith Formation Director: Mary Ellen Tiernan
metiernan@stmariannecope.com

St. Thomas of Canterbury Church
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Cornwall on Hudson, NY 12520

St. Joseph Church
4 Saint Joseph's Place
New Windsor, NY 12553

stmariannecope.com

Parish Office
845.534.2547 · FAX 845.534.1357
office@stmariannecope.com

Mass Schedule
at St. Thomas of Canterbury Church

Saturday Vigil: 4:30 pm
Sunday: 8 am, 10 am, noon

Daily Mass:
Monday-Saturday, 8:30 am

Confession
Saturday: 9-9:45 am or by appointment

St. Marianne Cope Outreach Ministry
outreach@stmariannecope.com

Prayer Chain
Contact the Parish Office with intentions.

Offertory: Thank you for your generosity and continued support of the parish!

January 27/28: \$6,430.00
Online Giving: \$1,475.60

In addition to cash/checks, envelopes, or automatic bill payment for your donations, **Online Giving**, through debiting your credit card or bank account, is available. Visit the "Donate" tab on the website.



Ash Wednesday

February 14

Masses at: 8:30 am, noon, 7 pm
Service of the Word at 3:30 pm

This is a day of fast and abstinence.

Lent is a 40-day season of prayer, fasting, and almsgiving that begins with **Ash Wednesday**.

The Parish and the Knights of Columbus will be hosting a traditional **"Fat Tuesday"** pancake dinner on February 13th, 6 to 8 pm, in the school gym. Cost is \$7/adult; \$4/child under 14 (tickets purchased at the door). Proceeds will go to our new outreach ministry (see below) providing help kits/boxes to children in a grief support program.

Help grieving children through Hospice Care. Our parish is participating now in a special ministry to children suffering the loss of a family member. Led by Hospice Care, we will be asking parishioners to donate a box (each costs \$15) of items that are used in specialized grief sessions for children aged 6-13. Proceeds from the upcoming Mardi Gras breakfast (see above) will be used to purchase boxes as well. This is a great Lenten project!

The Cardinal's Annual Stewardship Appeal has begun. The Archdiocese of New York serves 2.5 million Catholics across the New York City boroughs of Manhattan, Staten Island, and the Bronx, as well as in the counties of Dutchess, Orange, Sullivan, Westchester, Ulster, Rockland, and Putnam. The Appeal raises funds to sustain the various ministries, institutions, and outreach programs that serve thousands of individuals and families throughout New York. Visit cardinalsappeal.org to donate. Our Parish goal is \$59,900.

Peter's Pence Collection: February 10/11. Catholic tradition calls us to join with the ongoing activities of the Holy Father and contribute to his worldwide charitable activities. This is made possible by contributing to the Peter's Pence collection. Please join our Holy Father in his works to reach the most marginalized around the globe.

Join us for **Adoration of the Blessed Sacrament** on Mondays, 7-8 pm, during the Eucharistic Revival with Adoration of the Blessed Sacrament with Exposition and Benediction.

A **Food Drive**, hosted by St. Marianne Cope Outreach Program and the Knights of Columbus, will be held next Saturday, **February 10**, 9-11 am, in the parking lot at the St. Thomas old school building. See the list of needed items on the parish website. Monetary donations are welcome for perishable items.

CDA Court Rita #264 is having a **Valentine's Bake Sale** in the St Thomas old school building on Saturday, February 10 after the 4:30 pm Mass and on Sunday, February 11 after the 10 am Mass. All proceeds go to helping the community and the charitable causes the Court supports.

CATECHESIS ON THE HOLY MASS:

“What is the Mass?”

DEAR BROTHERS AND SISTERS, Good morning! [Today, we ask]: What essentially is the Mass? The Mass is the memorial of Christ's Passover.....

For this reason, to understand the value of the Mass, we must first understand the biblical significance of "memorial". It is not merely the recollection of past events but makes them in a certain way present and real. This is how Israel understands its liberation from Egypt: every time Passover is celebrated, the Exodus events are made present to the memory of believers so that they may conform their lives to them" ([CCC](#), 1363). Jesus Christ, with his passion, death, resurrection and ascension into heaven brought the Passover to fulfillment. And the Mass is the memorial of *his* Passover, of *his* "exodus", which he carried out for us, so as to lead us out of slavery and introduce us to the promised land of eternal life. It is not merely a remembrance, no. It is more: it is making present what happened 20 centuries ago.

The Eucharist always leads us to the pinnacle of the salvific action of God: the Lord Jesus, making himself Bread broken for us, pours out upon us his mercy and his love, as he did on the Cross, thus renewing our hearts, our existence and our way of relating to him and to our brothers and sisters. The Second Vatican Council said: "As often as the sacrifice of the cross, in which Christ our Passover was sacrificed, is celebrated on the altar, the work of our redemption is carried on" ([LG3](#))

Every celebration of the Eucharist is a ray of that never setting sun that is the Risen Jesus. Taking part in the Mass, particularly on Sunday, means entering the victory of the Risen One, being illuminated by his light, warmed by his compassion. Through the Eucharistic celebration the Holy Spirit makes us participants in the divine life that is able to transfigure our whole mortal being. In his passage from death to life, from time to eternity, the Lord Jesus also draws us with him

to experience the Passover. In the Mass we celebrate Passover. We, during Mass, are with Jesus, who died and is Risen, and he draws us forth to eternal life. In the Mass we unite with him.... Rather, Christ lives in us and we live in him: "I have been crucified with Christ; it is no longer I who live, but Christ", Saint Paul states, "who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me" (Gal 2:20). This is what Paul thought.

Indeed, his Blood frees us from death and from the fear of death. It frees us not only from the dominion of physical death, but from the spiritual death which is evil, sin, which catches us each time we fall victim to our own sin or that of others. Thus our life becomes polluted; it loses beauty; it loses meaning; it withers.

Instead, Christ restores our life; Christ is the fullness of life, and when he faced death he destroyed it forever: "By rising he destroyed death and restored life" (cf. *Eucharistic Prayer iv*). Christ's Passover is the definitive victory over death, because he transformed his death in the supreme act of love. He died out of love!If we receive him with faith, we too can truly love God and neighbor; we can love as he loved us, by giving our life....

This is the Mass: to enter this passion, death, resurrection, ascension of Jesus; when we go to Mass it is as if we were going to Calvary itself. But consider: whether at the moment of Mass we go to Calvary — let us ponder this with the imagination — and we know that that man there is Jesus. Will we allow ourselves to chat, to take photographs, to put on a little show? No! Because it is Jesus! We pause in silence, in sorrow and also in the joy of being saved. As we enter the church to celebrate Mass, let us think about this: I am going to Calvary, where Jesus gave his life for me. In this way the spectacle disappears; the small talk disappears; the comments and these things that distance us from something so beautiful as the Mass, Jesus' triumph.

(From Pope Francis' General Audience on 22 November 2017)

MASS INTENTIONS

The month of February is dedicated to the Holy Family.

Mon, Feb 5: St Agatha

8:30 +Bernice Gill by family

Tues, Feb 6: St Paul Miki & Companions

8:30 +Sheila Carolan by Gloria Hopp

Wed, Feb 7

8:30 +Barbara and James Taylor by Ryan and Jen Bernard

Thurs, Feb 8: St Jerome Emiliani, St Josephine Bakhita

8:30 +Claire Fordrung by Ireifej family

Fri, Feb 9

8:30 +Marcie and Edward Clifford by Frances Clifford

Sat, Feb 10: St Scholastica

8:30 +Rosario Salbo by Linda Siner

4:30 +Gay Suttlehan by Eileen and Joe Potter;
+Bill Phair by Missy Irwin

Sun, Feb 11: Sixth Sunday in Ordinary Time

8:00 +Helene and Dave Tigner by Hickey family

10:00 +Jane Blaine by Missy Irwin

12:00 The People of the Parish

Two intentions will be accepted at the Saturday, 4:30 Vigil Mass. The Sunday Mass at noon will be offered only for the People of the Parish. The offering for an unannounced Mass is \$10; for an announced Mass: \$15.

READINGS FOR THE 5TH SUNDAY IN ORDINARY TIME

Reading I — Job 7:1-4, 6-7

Job compares human life to military service, and also to a day laborer's work, and ultimately to plain slavery. At this time his life is replete with misery and hopelessness.

Reading II — 1 Corinthians 9:16-19, 22-23

For Paul, the healing of hearts is itself a blessing, flowing as it does from the gospel.

The Gospel — Mark 1:29-39

The cure of Peter's mother-in-law happens so quickly and fully that it is truly miraculous. Then that evening, Jesus cures so many others. This stresses the love and the hope Jesus offers to all those who trust Him.

40 Days for Life is February 14-March 24. Kickoff Sunday is February 11, 2-3:30 pm with speakers and refreshments, in the gym at Sacred Heart Church in Monroe. A Pro Life Mass will be celebrated on February 13 at 7 pm at Sacred Heart Church in Monroe. Sign up to pray during the Campaign at 40daysforlife.com or contact Wendy at 845.820.4366 for Newburgh or Mary at 917.817.9174 for Goshen.

Jesus and the Eucharist Independent Home Study #13

As you journey through this independent study of Jesus and the Eucharist, you may want to keep a journal of your observations, thoughts, and questions. Sign in at Formed.org. Search for "Jesus and the Eucharist Session 7: Bread for the Journey". (Watch only the first half of the video. Stop at 31:38)

The Eucharist sustains us on our spiritual journey. Our participation at Mass through the Liturgy of the Word and the Liturgy of the Eucharist is an offering of thanksgiving to God. We are then sent forth to share what we have received. Just as manna was the bread for the Israelites on their journey to the Promised Land, so the Eucharist is the bread for our journey to heaven.

Main points made in this session of the video:

Food for the Journey:

- ~ God gives the Israelites manna for their journey in the wilderness.
- ~ The Eucharist is true bread from heaven that sustains us on our spiritual journey.
- ~ The Eucharist is also a foretaste of heaven. We receive Christ, who is our ultimate Love. We are brought into communion with God and with everyone else who is in communion with God.
- ~ In the Mass, we worship God together with all the angels and saints in heaven.

The Mass:

- ~ Liturgy of the Word: We encounter God in Scripture. We respond in faith through the Creed and the Prayers of the Faithful.
- ~ Liturgy of the Eucharist: In the Liturgy of the Eucharist, the bread and wine are changed into the Body and Blood of Jesus, and his whole Paschal Mystery is made present in the Eucharist. The climax of the liturgy for each of us is when we worthily receive Jesus in Holy Communion, "who makes us sharers in his Body and Blood to form a single body" (CCC, no. 1331).

Story of Emmaus:

- ~ The story of Emmaus shows us the meaning and pattern of the Mass—Word and Sacrament.
- ~ Liturgy of the Word—Jesus interprets the Scriptures for the disciples.
- ~ Liturgy of the Eucharist—Jesus takes, blesses, breaks, and gives the bread.

Questions to ponder:

- ~ What are some practical ways you are intentional about preparing for and participating in the sacrifice of the Mass?
- ~ From where do you derive your strength, meaning, and purpose in life? What role does the Eucharist play in this?

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