

Gymnastics for Girls Grades K-6

COACHED BY THE HENRY SIBLEY GYMNASTICS TEAM

WHAT: Henry Sibley High School Gymnastics Team holds classes for girls in grades Kindergarten through 6th grade

WHEN: Evenings from November 26th- January 30th

WHERE: Henry Sibley- Small Gym

Registration fee- includes a T- shirt



Quote on the back
Jump off the beam
Flip off the Bars
Follow your dreams
and Reach for the Stars
- Nadia Comaneci

Please choose a level that your child likes best- Our goal is for girls to be grouped by their appropriate level to work on skills they still need.

LEVEL 1: Kindergarteners or 1st graders brand new to Gymnastics! We work on building coordination, balance, flexibility and teach basic gymnastics skills.

LEVEL 2: You have some of the basics down, but still working on foundational skills

LEVEL 3: You have taken gymnastics classes before- and are working on more advanced skills

LEVEL 4: For girls in 5th Grade and up with previous experience. This class is meant for girls wanting to join the JV/Varsity team when they are in 7th grade.

Level 1- Monday nights only 6-7pm----- 7 classes----- \$85

Level 2- Monday nights only 6-7pm ----- 7 classes----- \$95

Level 3- Tuesdays and Wednesdays nights 6-7:30pm----- 2 nights a week- 15 classes- \$195

Level 4- (Grades 5 and up)- Tuesday and Wednesdays nights 6-7:30pm ----- 15 classes- \$205

No Classes during Christmas Break, or other days off of school

ONLINE REGISTRATION AVAILABLE AT: The only place accepting credit card payments---

<https://tinyurl.com/y88dpftp>

PAPER REGISTRATION OPTION- Send in the bottom half of this form by November 20th, 2018.

Name: _____ Phone: _____ School: _____

Age: _____ Birthdate: _____ Email: _____

Address: _____

Emergency Contact Information: _____

Illness, Allergies, Injuries or anything that would prevent your daughter from participating:

PAYMENT -

CASH

CHECK

CLASS SELECTION

LEVEL 1

LEVEL 2

LEVEL 3

LEVEL 4

T-SHIRT SIZE

YXS

Y-Small

Y-Medium

Y-Large

YXL

MAIL PAPER REGISTRATION TO:

Jennifer Miller

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Mendota Heights, MN. 55118

Questions- Contact Jennifer Miller

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