



## Cretin-Derham Hall/Northern Heat Volleyball Camps



**Location:** Joe Mauer Field House @ CDH

**Monday – Thursday July 15 – July 18, 2019**

OR

**Monday – Thursday July 22 – July 25, 2019**

*Improve your volleyball skills with  
current and former CDH/Northern Heat  
coaches, captains, and players!*

*Campers will work on individual skills,  
positional skills, and team skills needed  
to be successful on the volleyball court!*

Grades refer to 2019-2020 School Year

9:00 AM – 12:00 PM Grades 9-12      \$120

1:00 PM – 3:00 PM Grades 5-8      \$90

All Campers receive a T-shirt!

**REGISTRATION CAN NOW BE DONE ONLINE!**

Register online - OR -  
at [www.northernheatvolleyball.com](http://www.northernheatvolleyball.com)

Please fill one registration form out per camper.

**Registration Deadline\*: July 1, 2019**

**\*Registrations are accepted through the start of  
camp, but t-shirt is not guaranteed when  
registered after July 1.**

You will receive an email confirmation.

**QUESTIONS CALL NORTHERN HEAT at 651-587-9199**

Or e-mail [ellenschafer10@gmail.com](mailto:ellenschafer10@gmail.com)

Website: [www.northernheatvolleyball.com](http://www.northernheatvolleyball.com)

CDH/Northern Heat Volleyball 2019 Registration Form

Check week: July 15-18 \_\_\_\_\_ or July 22-25 \_\_\_\_\_

Name: \_\_\_\_\_

Grade in 2019-2020: \_\_\_\_\_ T-shirt size: (adult sizes) \_\_\_\_\_

E-mail address: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Telephone: \_\_\_\_\_

***My child has health insurance. Neither the camp coaches, Northern Heat, nor  
Cretin-Derham Hall will be held liable for injuries incurred at camp.***

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Send form and check to Northern Heat Volleyball, 1560 Park Circle, Mendota Heights, MN 55118