

St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.org](http://www.stmarys-ny.org) - <https://www.facebook.com/StMaryMV>

MASSES

Saturday Evening

5:00pm, 7:00pm (Spanish)

Sunday

8:00, 9:30am (Spanish), 11:30am

Daily (Mon-Sat)

9:00am – English

Monday & Wednesday

7:00pm – Spanish

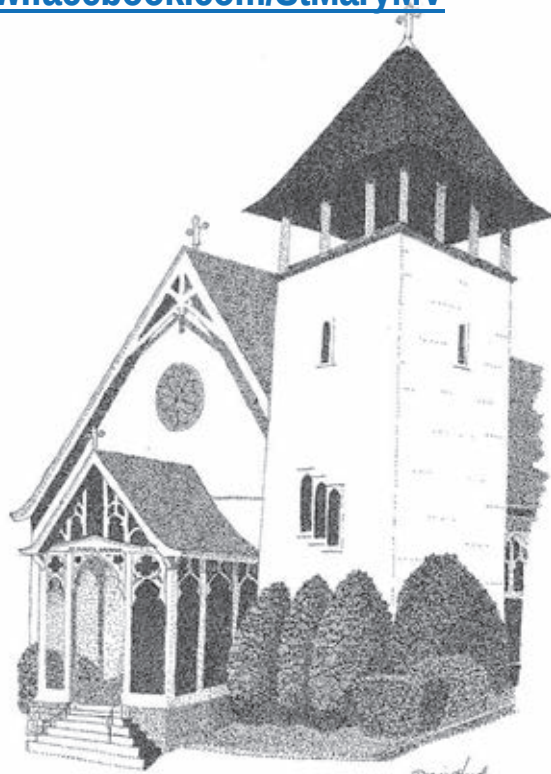
Holy Days

9:00am and 7:30pm

SUMMER OFFICE HOURS

Sunday & Monday: Closed

Tuesday through Saturday: 9:30 – 2:00



Rev. Francis P. Scanlon

Pastor

Deacon Joe Patrona

Minister of Education

Deacon Frankie Vazquez

Minister Assistant

Christine Class

Acting Parish Secretary

Alan J. May

Business Manager

Clara Vazquez

Parishioner Outreach

John Griffiths

Minister of Music

Stephen M. Bauert

Maintenance Engineer

Juan M. Cruz

Custodian Assistant

BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor
(914) 664-5855

CONFESSIONS

Saturday: 4:00 - 4.45 pm or call for an appointment

CHARISMATIC PRAYER MEETING

Wednesdays at 8:00pm in Parish Hall.

Teachings, Witnessing, Scripture Sharing, and more, to give honor and praise to God the Father, Son and Holy Spirit. All ages are welcome!

SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.

First Friday: Healing Mass 7:30 pm

All are invited!

*In all facilities (office, Church, hall), all must **wear a mask**. **Social distancing** must be maintained (you know, 6 feet...). We have sanitizing stations: everyone must **sanitize their hands** upon entering and leaving. **No physical contact** (including the sign of peace).*

- **If you are not feeling well in any way, please stay home.***
- **If you are vulnerable (due to illness, age, etc.), please stay home.***

Friday, December 4, 2020 in the first Friday of the month. The healing Mass in Spanish will be at 7:30pm. All are invited to attend. The Novena in preparation for the Feast of Our Lady of Guadalupe will begin on Thursday, December 3rd at 7pm.

PARISH SUNDAY MORNING

Our Increased Offertory Campaign, We have received a few more commitment envelopes this week! We would like to take this opportunity to once again thank all of you that made it a success. During over the past weeks, our parish received 44 commitments. These families have said yes to helping us sustain the great works of this community and investing in our parish home. If you have not yet had the opportunity to document your increase and wish to join the 44 families, please complete the card locate in the Church and include it in the basket or drop off at the rectory. Thank you for your generosity and co-operation.

THANK YOU FROM THE FOOD PANTRY

A huge thank you from the Thanksgiving Food Pantry recipients to the people who gave a monetary contribution and those who brought a turkey. As everyone knows the food pantry has been closed since late March but fortunately, we were able to have a Thanksgiving distribution with the help of the rectory staff. Everyone please stay safe and healthy during this COVID-19 time. Thank you again and have a blessed Christmas and New Year!!

Remember what it was like, keeping lent and Easter at home this year? There was so much that we couldn't do, because of the pandemic. That meant we had to figure out a different way of celebrating. We had to build on the foundations of our traditions, to create a once-in-a-lifetime experience to bring the joy of Easter to our homes and families. It looks like we get to do that again. Most of us will be celebrating Advent and Christmas at

home. We may not be attending services, or gathering with family and friends. If we focus on what we usually do, what we want to do, what we can't do, we'll feel like we're not celebrating Advent or Christmas at all. So, just as we did at Easter, we have to focus on what we can do to find joy in this holiday season. How to embrace the holiday season in a pandemic most years, most of us try to do too much during the holidays. We attend all services, the Christmas pageant, the concerts and special events. We shop, we cook, we decorate. We spend time with all our family and friends. We try to do everything, and by the time Christmas arrives, we feel burnt out and exhausted. We don't have to do that this year. The pandemic provides an opportunity to cut back on the busy-ness, focus on what matters the most, and let everything else go. Traditions at home, routines and traditions are especially important in uncertain times. Daily and weekly routines provide a sense of stability. The rhythm of life, doing the same things in the same way, every day, every week, help you feel grounded. These things provide a sense of connection to the past and the future. They make the world feel predictable, and therefore safe. The holiday traditions that you keep at home seem especially important this year. There may be many things we can't do-attending services at church, traveling to celebrate the holidays with family far away. Keeping our usual tradition at home, or building new traditions, will help us weave the current year into the tapestry of our faith and our lives. These traditions will help us build connections that transcend place and time. And this year, that seems like a wonderful gift for all of us.

Mass Intentions - November 29 - December 5

Sunday, 11/29	8:00am – All our Parishioners 9:30am - Jose Antonio Rodriguez (Birthday Blessings) 11:30am – Rose Mastretotoro (Healing)
Monday, 11/30	9:00am – Wilfredo Syllas Bonilla III (Stay Safe in S. Korea) 7:00pm -Marivel Suarez (Deceased)
Tuesday, 12/1	9:00am- Sister Grace Troisi (Deceased)
Wednesday 12/2	9:00am – Msgr. James White (Deceased) 7:00pm – All our Parishioners
Thursday 12/3	9:00am – Mrs. Elizabeth Alexander (Deceased) 7:00pm – Novena of Our Lady of Guadalupe
Friday 12/4	9:00am – Angela Lake (1 st Anniversary in Heaven) 7:30pm Healing Mass in Spanish
Saturday, 12/5	9:00am – Deceased Members of The Phillips family 5:00pm – Louis S. Barcelo (Deceased) 7:00pm – All our Parishioners



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Viernes 4 de diciembre de 2020 el primer viernes del mes. La misa de sanación en español será a las 7:30 pm Todos están invitados a asistir. La Novena en preparación para la Fiesta de Nuestra Señora de Guadalupe comenzará el jueves 3 de diciembre a las 7 pm. Todos están invitados a asistir.

PARROQUIA DOMINGO POR LA MAÑANA

Nuestra Campaña de Ofertorio Incrementada, ¡Hemos recibido algunos sobres de compromiso más esta semana! Nos gustaría aprovechar esta oportunidad para agradecer una vez más a todos los que hicieron que fuera un éxito. Durante las últimas semanas, nuestra parroquia recibió 44 compromisos. Estas familias han dicho que sí para ayudarnos a mantener las grandes obras de esta comunidad e invertir en nuestro hogar parroquial. Si aún no ha tenido la oportunidad de documentar su aumento y desea unirse a las 44 familias, complete la tarjeta ubicada en la Iglesia e inclúyala en la canasta o déjela en la rectoría. Gracias por su generosidad y cooperación.

GRACIAS DESDE LA DESPENSA DE ALIMENTOS

Un enorme agradecimiento de la despensa de alimentos de Acción de Gracias a las personas que dieron una contribución monetaria y a los que trajeron un pavo. Como todos saben, la despensa de alimentos ha estado cerrada desde finales de marzo, pero afortunadamente pudimos tener una distribución de Acción de Gracias con la ayuda del personal de la rectoría. Todos, por favor, manténganse seguros y saludables durante este tiempo de COVID-19. Gracias de nuevo y que tengan una feliz Navidad y Año Nuevo !!

Pascua a nuestros hogares y familias. Parece que podemos hacer eso otra vez. La mayoría de nosotros celebraremos el Adviento y la Navidad en casa. Es posible que no asistamos a los servicios o nos reunamos con familiares y amigos. Si nos centramos en lo que solemos hacer, en lo que queremos hacer, en lo que no podemos hacer, sentiremos que no estamos celebrando el Adviento o la Navidad en absoluto. Así que, al igual que hicimos en Semana Santa, tenemos que centrarnos en lo que podemos hacer para encontrar alegría en esta temporada navideña. Cómo abrazar la temporada de vacaciones en una pandemia la mayoría de los años, la mayoría de nosotros tratamos de hacer demasiado durante las vacaciones. Asistimos a todos los servicios, al desfile de Navidad, a los conciertos y eventos especiales. Compramos, cocinamos, decoramos. Pasamos tiempo con toda nuestra familia y amigos. Tratamos de hacer todo, y para cuando llega la Navidad, nos sentimos quemados y agotados. No tenemos que hacer eso este año. La pandemia ofrece la oportunidad de reducir la ajetreada, centrarse en lo que más importa y dejar que todo lo demás vaya. Las tradiciones en el hogar, las rutinas y las tradiciones son especialmente importantes en tiempos inciertos. Las rutinas diarias y semanales proporcionan una sensación de estabilidad. El ritmo de la vida, haciendo las mismas cosas de la misma manera, todos los días, cada semana, te ayudan a sentirte castigado. Estas cosas proporcionan una sensación de conexión con el pasado y el futuro. Hacen que el mundo se sienta predecible y, por lo tanto, seguro. Las tradiciones de hoilday que guardas en casa parecen especialmente importantes este año. Puede haber muchas cosas que no podemos hacer-atender servicios en la iglesia, viajando para celebrar las vacaciones con la familia lejos. Mantener nuestra tradición habitual en casa, o construir nuevas tradiciones, nos ayudará a tejer el año actual en el tapiz de nuestra fe y en nuestras vidas. Estas tradiciones nos ayudarán a construir conexiones que trascienden el lugar y el tiempo. Y este año, eso parece un regalo maravilloso para todos nosotros.

¿Recuerdas cómo fue mantener prestado y Pascua en casa este año? Había tanto que no podíamos hacer, debido a la pandemia. Eso significaba que teníamos que encontrar una forma diferente de celebrar. Tuvimos que construir sobre los cimientos de nuestras tradiciones, para crear una experiencia única en la vida para llevar la alegría de la

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#WHATSMYNAME

In Remembrance of Samantha Josephson

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