

St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.org](http://www.stmarys-ny.org) - <https://www.facebook.com/StMaryMV>

MASSES

Saturday Evening

5:00pm, 7:00pm (Spanish)

Sunday

8:00, 9:30am (Spanish), 11:30am

Daily (Mon-Sat)

9:00am – English

Monday & Wednesday

7:00pm – Spanish

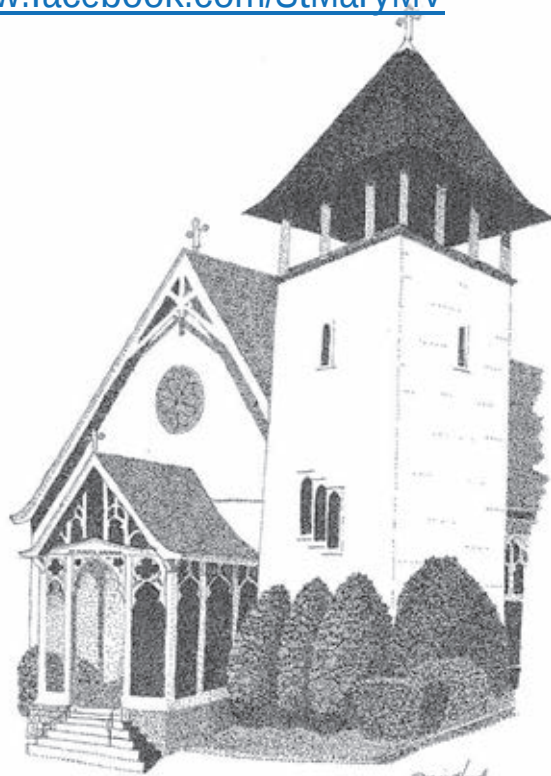
Holy Days

9:00am and 7:30pm

SUMMER OFFICE HOURS

Sunday & Monday: Closed

Tuesday through Saturday: 9:30 – 2:00



Rev. Francis P. Scanlon

Pastor

Deacon Joe Patrona

Minister of Education

Deacon Frankie Vazquez

Minister Assistant

Christine Class

Acting Parish Secretary

Alan J. May

Business Manager

Clara Vazquez

Parishioner Outreach

John Griffiths

Minister of Music

Stephen M. Bauert

Maintenance Engineer

Juan M. Cruz

Custodian Assistant

BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor
(914) 664-5855

CONFESSIONS

Saturday: 4:00 - 4.45 pm or call for an appointment

CHARISMATIC PRAYER MEETING

Wednesdays at 8:00pm in Parish Hall.

Teachings, Witnessing, Scripture Sharing, and more, to give honor and praise to God the Father, Son and Holy Spirit. All ages are welcome!

SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.

First Friday: Healing Mass 7:30 pm

All are invited!

*In all facilities (office, Church, hall), all must **wear a mask**. **Social distancing** must be maintained (you know, 6 feet...). We have sanitizing stations: everyone must **sanitize their hands** upon entering and leaving. **No physical contact** (including the sign of peace).*

- If you are not feeling well in any way, please stay home.*
- If you are vulnerable (due to illness, age, etc.), please stay home.*

IMPORTANT NOTICE!!!

This year Father Francis P. Scanlon will be completing his first, six-year term as Pastor of St. Mary-Our Lady of Mount Carmel Church. In keeping with Archdiocesan policy, an evaluation of the parish has begun. Parishioners and staff who wish to do so may write letters with their own comments about our parish and the pastoral leadership of the Parish. Please address your letters to: The Office of Priest Personnel Archdioceses of New York, 1011 First Avenue, New York, New York 10022.

priestpersonnel@archny.org Letters should be received no later than February 28, 2021. Any correspondence received after the deadline will NOT be included in the evaluation process.

Feeling isolated? Are you worried about other people who might be isolated and afraid? Do you want to share the gift of freedom in Christ? Freedom is so fundamental to our humanity that we are told in Galatians 5: 1, "It is by freedom that Christ has set us free." It is through our union with Jesus, the Son of God, that we are restored to true freedom. "Now the Lord is the Spirit, and where the Spirit of the Lord is often, there is freedom" (2 Corinthians 3:17). Freedom is life in the Son of God. The Son has overcome all deception that we have believed about the Father who always loved us, who was always present, who always blessed us. Deliverance is removing the power of lies so that we can hear the voice of our Father who has always been speaking deeply within us. Knowing the Father through the Son is our place of deepest freedom; It is where broken humanity is healed.

During the Season of Lent, for five consecutive Thursday, starting February 24, 2021, from 7 p.m.-8:30 p.m. We invite you to join us on ZOOM, a DVD produced by the unbound Ministry, followed by discussion and fellowship, led by Karen Greklek, a member of our parish. For further information go to the Parish Web or Face Book pages.

LENTEN FAST AND ABSTINENCE: During the season of Lent, the Church urges the faithful to reflect a spirit of penance in their daily lives through performing acts of fast and abstinence. Lent begins on Ash Wednesday, February 17 and ends on Holy Thursday, April 1st. Ash Wednesday and Good Friday are days of fast and abstinence. This is a serious matter withing Church ca be eaten to maintain physical strength but together they should not equal another full meal in quantity. Snacking between meals is not permitted. Catholics ages 18-59 are obliged to fast on Ash Wednesday and Good Friday. Those who are not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able. Abstinence forbids the eating of meat or poultry. Those who have reached the age of 14 or older are obliged to abstain on Ash Wednesday and all Friday of Lent. Those who are not specifically obliged to abstain from eating meat are urged to join in the discipline of abstaining to the extent that they are able. All Fridays of the year are designated as days of penance during which we are encouraged to practice self-denial out of gratitude for the suffering and death Jesus accepted for us. The time for fulfilling the East Duty extends from the First Sunday of Lent (February 21) to Holy Trinity Sunday (May 30)

Mass Intentions - February 7 - February 13

Sunday, 2/7	8:00 am – Nancy & Mike Santos (Health, Covid) 9:30 am – Evodio Cruz Victorino (Deceased) 11:30 am – The Panzera Family (Deceased)
Monday, 2/8	9:00 am – 7:00 pm – Health of Clara & Idalia Vazquez
Tuesday, 2/9	9:00 am – Elijah Sherard (16 th Birthday) Keith Alleyne (Deceased)
Wednesday 2/10	9:00 am – Health of Jorge Maia 7:00 pm –
Thursday 2/11	9:00 am – Joan Autieri (11 th Anniversary in Heaven)
Friday 2/12	9:00 am – Wilfredo Sylas Bonilla III (Keep Safe in S. Korea)
Saturday, 2/13	9:00 am – Lucille Kennedy (Deceased) 5:00 pm – Nicholas Castro (Deceased) 7:00 pm – For the Health of Alejandra Santos



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While our work to support the least of our brothers and sisters is a lifetime vocation, the pandemic has brought suffering and sickness right to our doorstep, and our parish family has responded to this crisis with profound sacrificial love. This same spirit of sacrifice is what animates so much of the charitable, pastoral, and educational work happening throughout our Church, which is made possible through the Cardinal's Annual Stewardship Appeal. To contribute towards this work of the Gospel, our parish family is responsible for a goal of \$32,000. If you have supported the Appeal in past years, thank you for your loyalty. If you have never supported the Appeal, I invite you even to make a first-time gift of any size, so that this can truly be a parish-wide effort.

!!!NOTICIA IMPORTANTE!!!

Este año, el Padre Francis P Scanlon completará su primer mandato de seis años como pastor de la iglesia Santa María-Nuestra Señora de Monte Carmelo. En cumplir con la política de la Arquidiócesis, ha comenzado una evaluación de la parroquia. Los feligreses y el personal que deseen hacerlo pueden escribir cartas con sus propios comentarios sobre nuestra parroquia y el liderazgo pastoral de la parroquia. Dirija sus cartas a: The Office of Priest Personnel Archdiocese of New York, 1011 First Avenue, New York, New York 10022 priestpersonnel@archny.org Las cartas deben recibirse a más tardar el 28 de febrero de 2021. Cualquier correspondencia recibida después de la fecha límite NO se incluirá en el proceso de evaluación.

Campaña Anual de Manejo del Cardenal

Si bien nuestro trabajo para apoyar al más pequeño de nuestros hermanos y hermanas es una vocación de por vida, la pandemia ha traído sufrimiento y enfermedad directamente a nuestra puerta, y nuestra familia parroquial ha respondido a esta crisis con un profundo amor sacrificado. Este mismo espíritu de sacrificio es lo que anima gran parte del trabajo caritativo, pastoral y educativo que se lleva a cabo en toda nuestra Iglesia, lo cual es posible gracias a la Campaña Anual de Mayordomía del Cardenal. Para contribuir a esta obra

del Evangelio, nuestra familia parroquial es responsable de una meta de \$32,000. Si ha apoyado la Apelación en los últimos años, gracias por su lealtad. Si nunca ha apoyado la Campaña, lo invitó incluso a hacer una donación por primera vez de cualquier tamaño, para que realmente sea un esfuerzo para toda la parroquia.

Durante el tiempo de Cuaresma, por cinco Martes consecutivos, a partir del 23 de febrero de 2021, de 7 p.m. – 8:30 p.m. horas. Le invitamos a unirse a nosotros en ZOOM, un DVD producido por el Ministerio de Unbound, seguido de discusión y compañerismo, dirigido por Padre Frank, Pastor de nuestra parroquia. Para obtener más información, visite las páginas web de la parroquia o Face Book.

AYUNO Y ABSTINENCIA DE CUARESMA: Durante el tiempo de Cuaresma, la Iglesia insta a los fieles a reflejar un espíritu de penitencia en su vida diaria mediante la realización de actos de ayuno y abstinencia. La Cuaresma comienza el Miércoles de Ceniza, 17 de febrero y termina el Jueves Santo, 1 de abril. El Miércoles de Ceniza y el Viernes Santo son días de ayuno y abstinencia. Este es un asunto serio dentro de la Iglesia que se puede comer para mantener la fuerza física, pero juntos no deben ser iguales a otra comida completa en cantidad. No se permite picar entre horas. Los católicos de 18 a 59 años están obligados a ayunar el Miércoles de Ceniza y el Viernes Santo. Se anima a los que no están específicamente obligados a ayunar a unirse a la disciplina del ayuno en la medida de lo posible. La abstinencia prohíbe comer carne o aves. Aquellos que hayan cumplido 14 años o más están obligados a abstenerse el Miércoles de Ceniza y todo el viernes de Cuaresma.

A los que no están específicamente obligados a abstenerse de comer carne se les insta a unirse a la disciplina de abstenerse en la medida de lo posible. Todos los viernes del año están designados como días de penitencia durante los cuales se nos anima a practicar la abnegación en agradecimiento por el sufrimiento y la muerte que Jesús aceptó por nosotros. El tiempo para cumplir con el deber oriental se extiende desde el primer domingo de Cuaresma (21 de febrero) hasta el domingo de la Santísima Trinidad (30 de mayo).

Anthony J. Guarino

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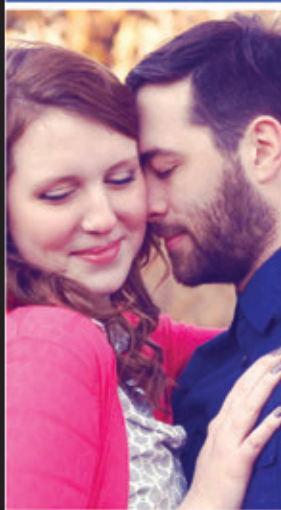
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