

St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.com](http://www.stmarys-ny.com) - <https://www.facebook.com/StMaryMV>

MASSES

Saturday Evening

5:00pm, 7:00pm (Spanish)

Sunday

8:00, 9:30am (Spanish), 11:30am

Daily (Mon-Sat)

9:00am – English

Monday & Wednesday

7:00pm – Spanish

Holy Days

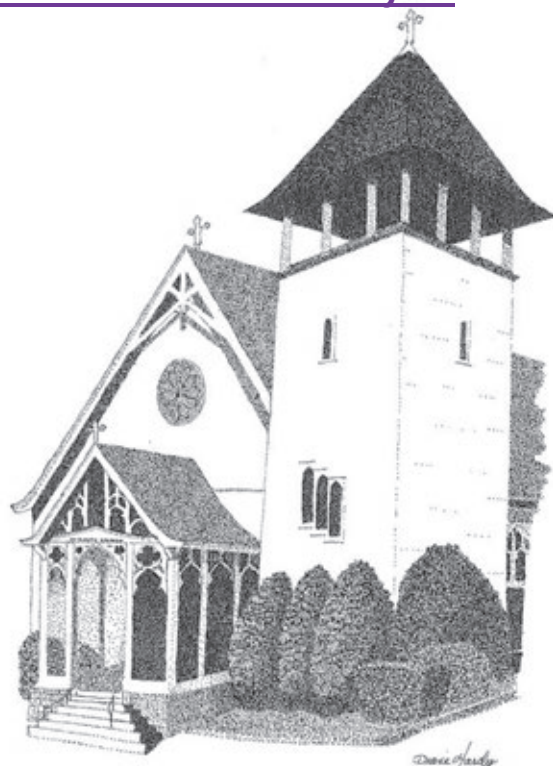
9:00am and 7:30pm

SUMMER OFFICE HOURS

~ Starting June 7 ~

Saturday & Sunday: Closed

Monday through Friday: 9:30am – 2:00pm



Rev. Francis P. Scanlon

Pastor

Deacon Joe Patrona

Minister of Education

Christine Class

Acting Parish Secretary

Alan J. May

Business Manager

Clara Vazquez

Parishioner Outreach

John Griffiths

Minister of Music

Stephen M. Bauert

Maintenance Engineer

Juan M. Cruz

Custodian Assistant

BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor
(914) 664-5855.

CONFESSIONS

Saturday: 4:00 - 4:45pm or call office for an appointment

CATHOLIC CHARISMATIC PRAYER MEETING

Wednesdays at 8:00pm in Parish Hall.

Teachings, Witnessing, Scripture Sharing, and more, to give honor and praise to God the Father, Son and Holy Spirit. All ages are welcome!

SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.

First Friday: Healing Mass 7:30 pm

All are invited!

*In all facilities (office, Church, hall), all must **wear a mask**. **Social distancing** must be maintained (you know, 6 feet...). We have sanitizing stations: everyone must **sanitize their hands** upon entering and leaving. **No physical contact** (including the sign of peace).*

If you are not feeling well in any way, please stay home.

If you are vulnerable (due to illness, age, etc.), please stay home.

Pope Francis reflects on The Holy Eucharist 2021.

There is a strength that stands out in the vulnerability of the Eucharist: the strength to love those who make mistakes. It is *on the night* he is *betrayed* that Jesus gives us the Bread of Life. He gives us the greatest gift while in his heart he feels the deepest abyss: the disciple who eats with Him, who dips the morsel in the same plate, is betraying Him. And betrayal is the worst suffering for one who loves. And what does Jesus do? He reacts to the evil with a greater good. He responds to Judas' 'no' with the 'yes' of mercy. He does not punish the sinner, but rather gives His life for him; He pays for him. When we receive the Eucharist, Jesus does the same with us: he knows us; he knows we are sinners; he knows we make many mistakes, but he does not give up on joining his life to ours. He knows that we need it, because the Eucharist is not the reward of saints, but the Bread of sinners. This is why he exhorts us: "Do not be afraid! Take and eat". Each time we receive the Bread of Life, Jesus comes to give new meaning to our fragilities. He reminds us that in his eyes we are more precious than we think. He tells us he is pleased if we share our fragilities with him. He repeats to us that his mercy is not afraid of our miseries. And above all he heals us with love from those fragilities that we cannot heal on our own.



July 11, 2021 \$3,964.00

July 12, 2020 \$3,551.00

July 14, 2019 \$3,924.00

PRAYER FOR NEW NORMAL

Father God,

The world as we know it is gone, and for what feels like such a long time we have experienced so much hardship during this Pandemic. As we prepare to walk into the future we pray for the "new normal" to come. May our hearts be unified in You more than ever. May the tender moments of seeing someone again in person be all the more rich and treasured. May the reunions, interactions, and moments ahead be held in such intentionality and may we turn to You in sincere gratitude. Help us to come out of this Pandemic better, not bitter. Help us to become more considerate of others, more mindful of how we can help one another, and how we can serve You and Your children well. We thank You that no matter how dark the night may get, there is the hope of the dawn to come.

In Jesus Name, Amen

Food Pantry

The Food Pantry will be open on Friday July 30th.
The Food Pantry will be closed the month of August and will re-open in September.

Mass Intentions - July 18 - July 24

Sunday, 7/18	8:00 am – Msgr. Robert Trainor (Deceased) 9:30 am – Saleena Arlore Lopez (Sweet 16) 11:30 am – Michael Marcotte (Deceased) Marilyn Poland (Deceased) Fred Calacone (Anniversary in Heaven)
Monday, 7/19	9:00 am – No Mass Intentions Requested 7:00 pm – Minerva Roman (Deceased)
Tuesday, 7/20	9:00 am – Health of Rev. Salvador Ross
Wednesday 7/21	9:00 am – Christine & Nelson (8 th Wedding Anniversary) 7:00 pm – Margaret Gadujar (Deceased)
Thursday, 7/22	9:00 am – Siobhan Fitzgerald (Special Intention)
Friday, 7/23	9:00 am – Sonia Cappacio (Deceased)
Saturday, 7/24	9:00 am – Sarah Lynch (18 th Birthday in Heaven) 5:00 pm – Sarah Lynch (18 th Birthday in Heaven) 7:00 pm – Donald Almanza (Deceased)



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Despensa de Alimentos

La despensa de alimentos estará abierta el viernes 30 de julio. La despensa de alimentos estará cerrada el mes de agosto y volverá a abrir en septiembre.

El Papa Francisco reflexiona sobre la Sagrada Eucaristía 2021.

Hay una fuerza que destaca en la vulnerabilidad de la Eucaristía: la fuerza para amar a los que se equivocan. Es la noche en que es traicionado cuando Jesús nos da el Pan de Vida. Él nos da el mayor regalo mientras en su corazón siente el abismo más profundo: el discípulo que come con Él, que moja el bocado en el mismo plato, lo está traicionando. Y la traición es el peor sufrimiento para quien ama. ¿Y qué hace Jesús? Reacciona al mal con un bien mayor. Responde al "no" de Judas con el "sí" de la misericordia. No castiga al pecador, sino que da su vida por él; Paga por él. Cuando recibimos la Eucaristía, Jesús hace lo mismo con nosotros: nos conoce; sabe que somos pecadores; sabe que cometemos muchos errores, pero no renuncia a unir su vida a la nuestra. Sabe que lo necesitamos, porque la Eucaristía no es la recompensa de los santos, sino el Pan de los pecadores. Por eso nos exhorta: "¡No temáis! Toma y come". Cada vez que recibimos el Pan de Vida, Jesús viene a dar un nuevo sentido a nuestras fragilidades. Nos recuerda que a sus ojos somos más preciosos de lo que pensamos. Nos dice que se alegra si compartimos nuestras fragilidades con él. Nos repite que su misericordia no teme nuestras miserias. Y sobre todo nos cura con amor de esas fragilidades que no podemos curar solos.

ORACION PARA NUEVA NORMALIDAD

Dios padre,

El mundo, tal como sabíamos, se ha ido, y por lo que se siente tan mucho tiempo, hemos experimentado tantas dificultades durante esta pandemia. A medida que nos preparamos para caminar hacia el futuro, oramos por la "nueva normalidad" por venir. Que nuestros corazones sean unificados en ti más que nunca. Que los tiernos momentos de ver a alguien nuevamente en persona sean más ricos y atesados. Que las reuniones, las interacciones y los momentos del futuro se celebren en dicha intencionalidad y podamos recurrir a usted en una gratitud sincera. Ayúdanos a salir mejor de esta pandemia mejor, no amarga. Ayúdanos a ser más considerados por los demás, más conscientes de cómo podemos ayudarnos unos a otros, y cómo podemos servirte a usted ti y a sus hijos. Le agradecemos que no importa lo oscura que pueda obtener la noche, está la esperanza del amanecer por venir.

En el nombre de Jesús, amén



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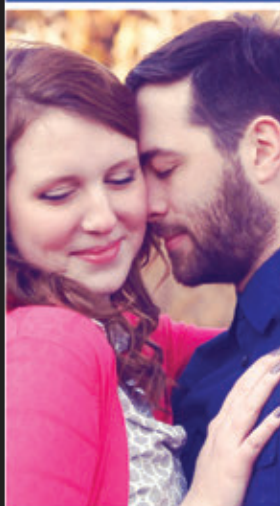


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