

St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.com](http://www.stmarys-ny.com) - <https://www.facebook.com/StMaryMV>

~ MASSES ~

Saturday Evening

5:00pm, 7:00pm (Spanish)

Sunday

8:00, 9:30am (Spanish), 11:30am

Daily (Mon-Sat)

9:00am – English

Monday & Wednesday

7:00pm – Spanish

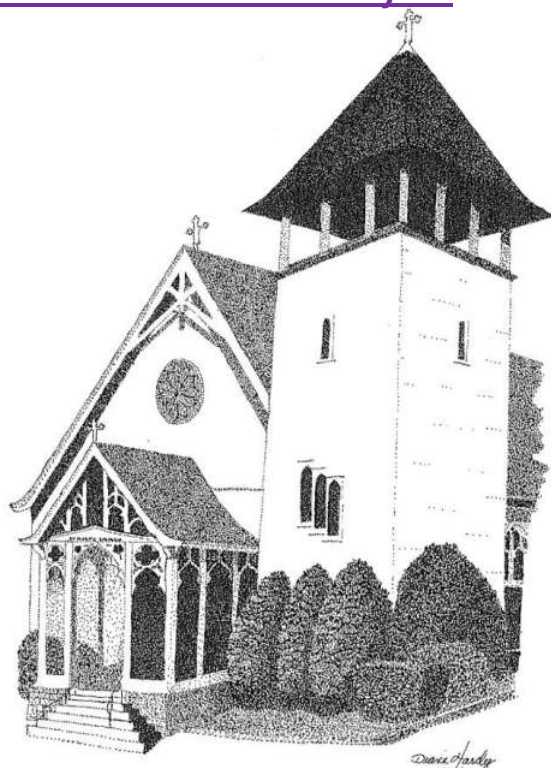
Holy Days

9:00am and 7:30pm

~ OFFICE HOURS ~

Monday through Friday: 9:00am – 2:00pm

Saturday & Sunday: Closed



Rev. Joseph Akunaeziri

Pastor

Deacon Joe Patrona

Minister of Education

Christine Class

Parish Secretary

John Griffiths

Minister of Music

Stephen M. Bauert

Maintenance Engineer

Juan M. Cruz

Custodian Assistant

BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor (914) 664-5855.

CONFESSIONS

Saturday: 4:00 - 4:45pm or call office for an appointment

SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.

First Friday: Healing Mass 7:00 pm

All are invited!

*“Truly you have formed my inmost being; You knit me in my mother’s womb. You knew that I was there – You saw me before I was born.” (Psalm 139: 13, 16) **PRAY FOR THE UNBORN***

ABUSE SURVIVORS: We are grateful you are here today. We are sorry for the intense pain you suffer. We know there are many types of abuse; including sexual, physical, emotional, and psychological. We hope you find this Church community a place of sensitivity that does not exacerbate your pain. We pray that you seek the support and help you need. We also pray that God holds you in His gentle loving hands and helps you heal. Amen.

From the Pastors desk

Ready for Lent

Today is the 8th Sunday of ordinary time. It's the last Sunday before we enter lent. Coming up this week is Ash Wednesday, a day when we start a Lenten journey that leads to the Lord's resurrection.

For many, the beginning of Lent can feel both daunting and liberating. However, the practice of giving up certain luxuries or adopting new disciplines serves as a reminder of the sacrifices made during Jesus' time in the wilderness. It challenges us to confront our attachments and distractions, urging us to simplify our lives and focus on what truly matters.

This week, we may have experienced a range of emotions—anticipation, commitment, and perhaps even struggle. The act of fasting or giving up something can be difficult, prompting us to confront our cravings and the comforts we often take for granted. Yet, within that struggle lies an opportunity for growth. Each moment of temptation can become a moment of prayer, reflection, or gratitude.

As we move forward into the coming weeks, the reflections of this first week can guide us. We may hold onto the intention we set, using it as a compass to steer our actions and thoughts.

Rev, Joseph Akunaeziri

Schedule for Ash Wednesday

9:00 am Mass in English

4:00 pm Service of Ashes

7:00 pm Mass in Spanish

The Cardinal's Annual Stewardship Appeal

The Cardinal's Annual Stewardship Appeal, a critical component of the archdiocesan mission, raises funds to sustain the various ministries, institutions, and outreach programs that serve thousands of individuals and families throughout New York.

As members of the parish community, we are encouraged to contribute generously to the Appeal for the sake of our greater archdiocesan family. Please consider making a gift today to support the Church's mission and to help us achieve our goal by Pentecost. When donating at cardinalsappeal.org/donate, please remember to specify our parish name.

To learn more about the Cardinal's Annual Stewardship Appeal, contact us at 646-794-3300 or visit cardinalsappeal.org.

Mass Intentions - March 2, - March 9, 2025

Sunday, 3/2	8:00 am – Pope Francis (Health) 9:30 am – Casimiro Bravo (Health) 11:30 am – Helen Minchak (Deceased)
Monday 3/3	9:00 am – Henry Siclait (Birthday in Heaven) 7:00 pm – Intentions for the people
Tuesday, 3/4	9:00 am – Clement Francois (Birthday in Heaven)
Ash Wednesday 3/5	9:00 am – Cherinovi Pierre (Birthday in Heaven) 4:00 pm – Our Parishioners 7:00 pm – Clara Vazquez (Health)
Thursday, 3/6	9:00 am – Frances Solano (Deceased)
Friday, 3/7	9:00 am – Cathleen Geil (Deceased) 7:30 pm – Luz Rodriguez (Health)
Saturday, 3/8	9:00 am – Frank & Margaret Calamari (Wedding Anniversary in Heaven) 5:00 pm – Intentions for the people 7:00 pm – Intentions for the people
Sunday, 3/9	8:00 am – Riley Bonilla (5 th Birthday Blessing) 9:30 am – Fr. Francis Scanlon (Health) 11:30 am – Intentions for the people



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Online parish giving. <https://www.parishgiving.org/>**Parish Office Hours:** Mon – Fri 9:00 – 2:00; **Closed:** Saturday & Sunday**Desde el escritorio del Pastor****Preparados para la Cuaresma**

Hoy es el octavo domingo del tiempo ordinario.

Es el último domingo antes de entrar en la Cuaresma. Esta semana se acerca el Miércoles de Ceniza, un día en el que iniciamos un viaje cuaresmal que nos lleva a la resurrección del Señor.

Para muchos, el comienzo de la Cuaresma puede resultar abrumador y liberador a la vez. Sin embargo, la práctica de renunciar a ciertos lujos o adoptar nuevas disciplinas sirve como recordatorio de los sacrificios que hizo Jesús durante su estancia en el desierto. Nos desafía a enfrentar nuestros apegos y distracciones, y nos insta a simplificar nuestras vidas y centrarnos en lo que realmente importa.

Esta semana, es posible que hayamos experimentado una variedad de emociones: anticipación, compromiso y tal vez incluso lucha. El acto de ayunar o renunciar a algo puede ser difícil, lo que nos impulsa a enfrentar nuestros antojos y las comodidades que a menudo damos por sentado. Sin embargo, dentro de esa lucha hay una oportunidad de crecimiento. Cada momento de tentación puede convertirse en un momento de oración, reflexión o gratitud.

A medida que avanzamos hacia las próximas semanas, las reflexiones de esta primera semana pueden guiarnos. Podemos aferrarnos a la intención que fijamos, utilizándola como brújula para orientar nuestras acciones y pensamientos.

Reverendo Joseph Akunaeziri**Horario para el Miércoles de Ceniza**

9:00 am Misa en inglés

4:00 pm Servicio de Cenizas

7:00 pm Misa en español

La Campaña Anual de Corresponsabilidad del Cardenal

La Campaña Anual de Corresponsabilidad del Cardenal, un componente crítico de la misión arquidiocesana, recauda fondos para sostener los diversos ministerios, instituciones y programas de alcance que sirven a miles de personas y familias en todo Nueva York.

Como miembros de la comunidad parroquial, se nos anima a contribuir generosamente a la Campaña por el bien de nuestra gran familia arquidiocesana. Por favor, considere hacer una donación hoy para apoyar la misión de la Iglesia y ayudarnos a lograr nuestra meta para Pentecostés. Al donar en

cardinalsappeal.org/donate, recuerde especificar el nombre de nuestra parroquia.

Para obtener más información sobre la Campaña Anual de Corresponsabilidad del Cardenal, comuníquese con nosotros al 646-794-3300 o visite cardinalsappeal.org.

Weekly Collection**February 23, 2025 \$4,166****February 25, 2024 \$4,233**

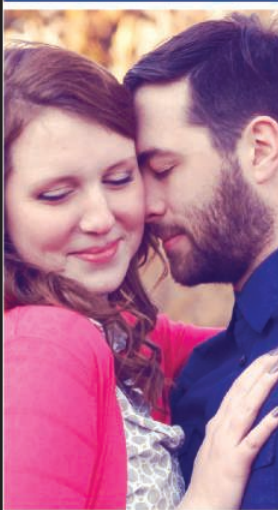
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YOU

IN REMEMBRANCE OF
SAMANTHA JOSEPHSON

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(931) 217-7110



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to Our Church!



WORSHIP



WITH US