

St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.com](http://www.stmarys-ny.com) - <https://www.facebook.com/StMaryMV>

~ MASSES ~

Saturday Evening

5:00pm, 7:00pm (Spanish)

Sunday

8:00, 9:30am (Spanish), 11:30am

Daily (Mon-Sat)

9:00am – English

Monday & Wednesday

7:00pm – Spanish

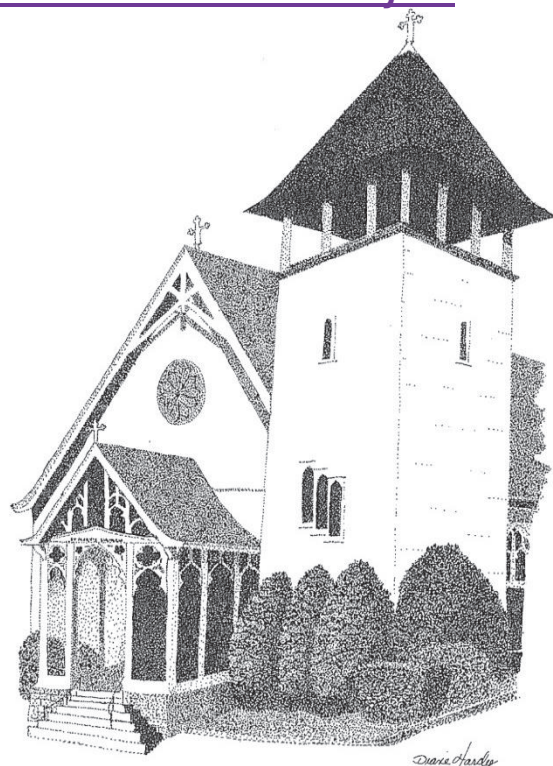
Holy Days

9:00am and 7:30pm

~ OFFICE HOURS ~

Saturday & Sunday: Closed

Monday through Friday: 9:00am – 2:00pm



Rev. Joseph Akunaeziri

Pastor

Deacon Joe Patrona

Minister of Education

Christine Class

Parish Secretary

John Griffiths

Minister of Music

BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor (914) 664-5855.

CONFESSIONS

Saturday: 4:00 - 4:45pm or call office for an appointment.

Every Thursday: Silent Holy Hour

SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.

First Friday: Healing Mass 7:30 pm

All are invited!

“Truly you have formed my inmost being; You knit me in my mother’s womb. You knew that I was there – You saw me before I was born.” (Psalm 139: 13, 16) [PRAY FOR THE UNBORN](#)

ABUSE SURVIVORS: We are grateful you are here today. We are sorry for the intense pain you suffer. We know there are many types of abuse; including sexual, physical, emotional, and psychological. We hope you find this Church community a place of sensitivity that does not exacerbate your pain. We pray that you seek the support and help you need. We also pray that God holds you in His gentle loving hands and helps you heal. Amen.

From the Pastors desk

**“Mary has chosen the better part, which will
not be taken away from her.” ***

(Luke 10:41-42)

In today’s gospel, Jesus visits the home of Martha and Mary. Martha is busy, anxious serving them with food and drink. She is perhaps worried about the preparations, trying to be a good hostess. Meanwhile, her sister Mary sits at Jesus’ feet, listening intently to His words. She became perturbed and asked the lord to tell her sister to come and help her. The lord replied, “Martha, Martha, you are anxious about many things but only one thing is needed, Mary has chosen a better part which will not be taken away from her”.

This passage invites us to reflect on our own lives. At times we can be so caught up in the busyness—our work, worries, responsibilities—that we neglect the essential relationship with Jesus. Jesus gently remind us—that while service is important, it should never overshadow our relationship with Him. The “one thing necessary” is to choose the better part: sitting at His feet, listening, loving, and being with Him. Remember, Jesus values both our service and our intimacy with Him. But He calls us first to sit with Him, to listen and be loved. From this place of communion flows the grace and strength to serve others effectively.

Rev, Joseph Akunaeziri

🍁🌟 Thanksgiving Raffle 2025!



Support our beloved church. All proceeds from the raffle will go directly to help with the parish needs and future projects.

🎫 Tickets are available NOW!

Cost: \$100 per ticket

🌟 Drawing Date: November 9, 2025

Scholarship Applications

The St. Mary-Our Lady of Mt. Carmel scholarship applications are available in the back of the church or you can email Lisette for one at Lgongora116@yahoo.com.

Completed applications are **due** no later than **July 27, 2025.**

**The Parish Secretary is on Vacation
the week of July 21st to July 25th.**

Mass Intentions - July 20 - July 27, 2025

Sunday, 7/20	8:00 am – Epifania Quinones (Deceased) 9:30 am – Julio A. Delgado (Dec) Carmen Pantojas (Birthday in Heaven) 11:30 am – Intentions for the people
Monday 7/21	9:00 am – Giselle Balley (1 st Anniversary in Heaven) 7:00 pm – Intentions for the people
Tuesday, 7/22	9:00 am – Peter Alix (Deceased)
Wednesday 7/23	9:00 am – Steven Ty Ortega (Deceased) 7:00 pm – Juanita De Jesús (Deceased)
Thursday, 7/24	9:00 am – John Gaffrey (Deceased)
Friday, 7/25	9:00 am – Stephen Ruddy Jr. (Deceased)
Saturday, 7/26	9:00 am – Luz Rodriguez (4 th Month in Heaven) 5:00 pm – Darlene Pacelli (Deceased) 7:00 pm – Intentions for the people
Sunday, 7/27	8:00 am – Cecelia Boscia Esposito (Deceased) 9:30 am – Intentions for the people 11:30 am – Anna Panzera (Birthday in Heaven)



Online parish giving. <https://www.parishgiving.org/>

Parish Office Hours: Mon – Fri 9:00 – 2:00; Mon & Wed 5pm to 7pm **Closed:** Saturday & Sunday

Desde el escritorio del Pastor

“María ha escogido la mejor parte, que no le será quitada.” * (Lucas 10:41-42)

En el evangelio de hoy, Jesús visita la casa de Marta y María. Marta está ocupada, ansiosa, sirviéndoles comida y bebida. Quizás está preocupada por los preparativos, intentando ser una buena anfitriona. Mientras tanto, su hermana María está sentada a los pies de Jesús, escuchando atentamente sus palabras.

Perturbada, le pidió al Señor que le dijera a su hermana que viniera a ayudarla. El Señor le respondió: “Marta, Marta, estás inquieta por muchas cosas, pero solo una cosa es necesaria: María ha escogido la mejor parte, que no le será quitada”. Este pasaje nos invita a reflexionar sobre nuestras propias vidas. A veces podemos estar tan absortos en el ajetreo —nuestro trabajo, preocupaciones, responsabilidades— que descuidamos la relación esencial con Jesús. Jesús nos recuerda con ternura que, si bien el servicio es importante, nunca debe eclipsar nuestra relación con Él. Lo único necesario es elegir la mejor parte: sentarnos a sus pies, escuchar, amar y estar con él. Recuerda, Jesús valora tanto nuestro servicio como nuestra intimidad con él. Pero primero nos llama a sentarnos con él, a escuchar y a ser amados. De este lugar de comunión brotan la gracia y la fuerza para servir eficazmente a los demás.

Reverendo Joseph Akunaeziri

🌟 Rifa de Acción de Gracias 2025 🌟🍁

¡Apoyar a nuestra querida iglesia! Todos los fondos recaudados de la rifa serán destinados directamente a las necesidades de la parroquia y a futuros proyectos.

📅 ¡Los boletos ya están disponibles!

🎫 Costo: \$100 por boleto

Fecha del sorteo: 9 de noviembre de 2025

La secretaria Parroquial estará de vacaciones la semana del 21 al 25 de julio.

Solicitudes de becas

Las solicitudes de becas de Santa María-Nuestra Señora del Monte Carmelo están disponibles en la parte trasera de la iglesia o puede enviar una a Lisette por correo electrónico a Lgongora116@yahoo.com.

Las solicitudes completas deben entregarse a más tardar el 27 de julio de 2025.

Weekly Collection

July 13, 2025 \$3,042.00

July 14, 2024 \$4,757.00



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SAMANTHA JOSEPHSON

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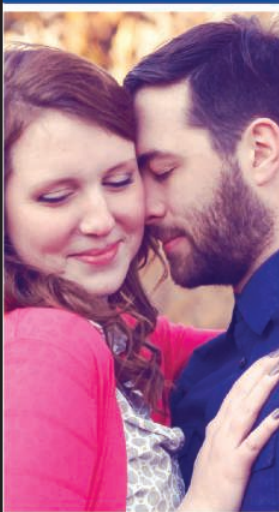
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