

St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.com](http://www.stmarys-ny.com) - <https://www.facebook.com/StMaryMV>

~ MASSES ~

Saturday Evening

5:00pm, 7:00pm (Spanish)

Sunday

8:00, 9:30am (Spanish), 11:30am

Daily (Mon-Sat)

9:00am – English

Monday & Wednesday

7:00pm – Spanish

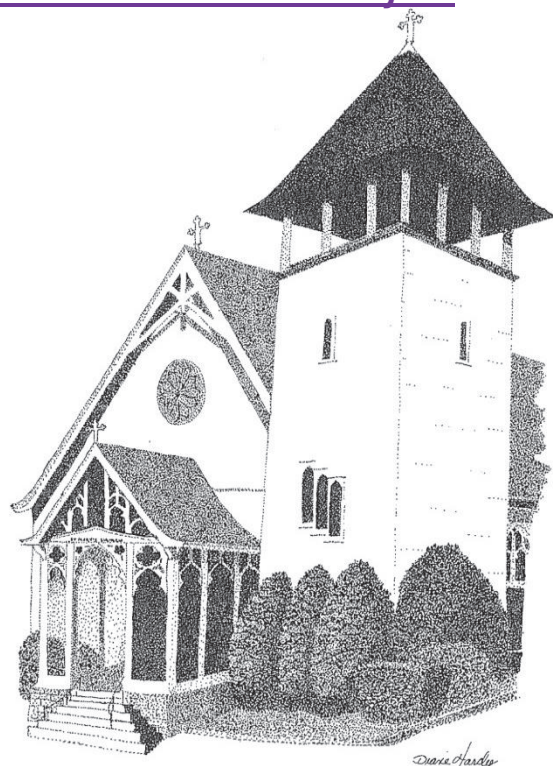
Holy Days

9:00am and 7:30pm

~ OFFICE HOURS ~

Saturday & Sunday: Closed

Monday through Friday: 9:00am – 2:00pm



Rev. Joseph Akunaeziri

Pastor

Deacon Joe Patrona

Minister of Education

Christine Class

Parish Secretary

John Griffiths

Minister of Music

BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor (914) 664-5855.

CONFESSIONS

Saturday: 4:00 - 4:45pm or call office for an appointment.

Every Thursday: Silent Holy Hour

SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.

First Friday: Healing Mass 7:30 pm

All are invited!

“Truly you have formed my inmost being; You knit me in my mother’s womb. You knew that I was there – You saw me before I was born.” (Psalm 139: 13, 16) [PRAY FOR THE UNBORN](#)

ABUSE SURVIVORS: We are grateful you are here today. We are sorry for the intense pain you suffer. We know there are many types of abuse; including sexual, physical, emotional, and psychological. We hope you find this Church community a place of sensitivity that does not exacerbate your pain. We pray that you seek the support and help you need. We also pray that God holds you in His gentle loving hands and helps you heal. Amen.

From the Pastors desk

Feast of the Exultation of the Cross

Today is the feast of the exultation of the cross. The Church invites us to gaze upon the Cross—not with fear, not with sorrow alone—but with exaltation, with glory, and with hope. The Feast of the Exaltation of the Holy Cross is not simply about recalling the instrument of Christ’s death—it is about proclaiming the victory that was won on it. So how do we exalt the Cross today? Not merely by wearing it around our necks or hanging it in our homes—though those are good reminders—but by living the mystery of the Cross in our daily lives. Every time we choose love over selfishness, every time we forgive, every time we carry our own crosses with faith, we participate in Christ’s victory. Jesus says: *“If anyone would come after Me, let him deny himself, take up his cross daily, and follow Me.”* (Luke 9:23)

The Cross, once a symbol of shame, torture, and defeat, has become for us a sign of triumph, of healing, and of life.

Today, we do not mourn the Cross—we glory in it. We do not hide from it—we lift it high, because it reminds us that there is no darkness that God cannot redeem, no sin that cannot be forgiven, no suffering that is wasted when united with Christ. May we always look to the Cross—not only as the source of our salvation but as the pattern of our lives.

“We adore You, O Christ, and we bless You, because by Your Holy Cross, you have redeemed the world.”
Amen.

Rev, Joseph Akunaeziri

Mass Intentions - September 14 - September 21, 2025

Sunday, 9/14	8:00 am – Phyllis & Barrington Clarke (Deceased) 9:30 am – Intentions for the people 11:30 am – Alejandra Andriole (Birthday in Heaven)
Monday 9/15	9:00 am – Intentions for the people 7:00 pm – Intentions for the people
Tuesday, 9/16	9:00 am – Steven Ty Ortega (Birthday in Heaven)
Wednesday 9/17	9:00 am – Intentions for the people 7:00 pm – Intentions for the people
Thursday, 9/18	9:00 am – Intentions for the people
Friday, 9/19	9:00 am – Intentions for the people
Saturday, 9/20	9:00 am – Intentions for the people 5:00 pm – Intentions for the people 7:00 pm – Intentions for the people
Sunday, 9/21	8:00 am – Intentions for the people 9:30 am – Intentions for the people 11:30 am – Constance Ann Petrovich (Deceased)

Franciscan

Every 3rd week of the month, we have Saint Francis Assis Mass at 9:30 a.m. after mass we go the Parish Hall for Healing prayers, and breakfast.
All are invited!

Thanksgiving Raffle 2025!



Support our beloved church. All proceeds from the raffle will go directly to help with the parish needs and future projects.

 **Tickets are available NOW!**

Cost: \$100 per ticket

 **Drawing Date: November 9, 2025**



Online parish giving. <https://www.paritygiving.org/>

Parish Office Hours: Mon – Fri 9:00 – 2:00; Mon & Wed 5pm to 7pm **Closed:** Saturday & Sunday

Desde el escritorio del Pastor

Fiesta de la Exaltación de la Cruz

Hoy es la fiesta de la exaltación de la cruz. La Iglesia nos invita a contemplar la cruz, no solo con miedo ni con tristeza, sino con exaltación, gloria y esperanza. La Fiesta de la Exaltación de la Santa Cruz no se trata simplemente de recordar el instrumento de la muerte de Cristo, sino de proclamar la victoria que se obtuvo en ella.

Entonces, ¿cómo exaltamos la cruz hoy? No solo llevándola colgada del cuello o colgada en nuestros hogares —aunque estos son buenos recordatorios—, sino viviendo el misterio de la cruz en nuestra vida diaria. Cada vez que elegimos el amor por encima del egoísmo, cada vez que perdonamos, cada vez que cargamos nuestras cruces con fe, participamos de la victoria de Cristo. Jesús dice: «Si alguno quiere venir en pos de mí, niéguese a sí mismo, tome su cruz cada día y sígame».

(Lucas 9:23) La Cruz, que una vez fue símbolo de vergüenza, tortura y derrota, se ha convertido para nosotros en señal de triunfo, sanación y vida. Hoy no lloramos la Cruz; nos gloriamos en ella. No nos escondemos de ella; la enaltecemos, porque nos recuerda que no hay oscuridad que Dios no pueda redimir, ningún pecado que no pueda ser perdonado, ningún sufrimiento que sea en vano al unirnos a Cristo. Que siempre miremos a la Cruz, no solo como la fuente de nuestra salvación, sino como el modelo de nuestra vida. “Te adoramos, oh Cristo, y te bendecimos, porque por tu Santa Cruz redimiste al mundo”. Amén.

Reverendo Joseph Akunaeziri

Franciscana

Todos los 3rd Domingo del mes tenemos Misa De San Francisco De Assis a las 9:30 a.m. después de misa vamos al Salon Parroquial, aprender de la palabra y juntos compartir un desayuno acompañado con café.

🌟 Rifa de Acción de Gracias 2025 🌟🍁

¡Apoyar a nuestra querida iglesia! Todos los fondos recaudados de la rifa serán destinados directamente a las necesidades de la parroquia y a futuros proyectos.

📅 ¡Los boletos ya están disponibles!

📅 Costo: \$100 por boleto

Fecha del sorteo: 9 de noviembre de 2025

Weekly Collection

September 7, 2025 \$ 3,175.00



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SAMANTHA JOSEPHSON

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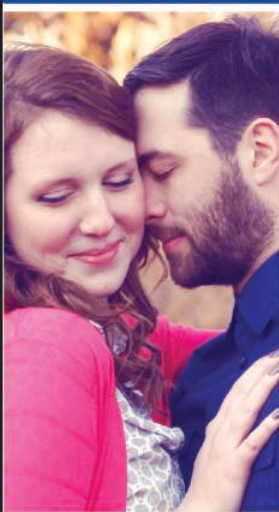
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**CONTACT ME
Cindy O'Neal**

coneal@jppc.net
(931) 217-7110



**Welcome
to Our Church!**

