

St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.com](http://www.stmarys-ny.com) - <https://www.facebook.com/StMaryMV>

~ MASSES ~

Saturday Evening

5:00pm, 7:00pm (Spanish)

Sunday

8:00, 9:30am (Spanish), 11:30am

Daily (Mon-Sat)

9:00am – English

Monday & Wednesday

7:00pm – Spanish

Holy Days

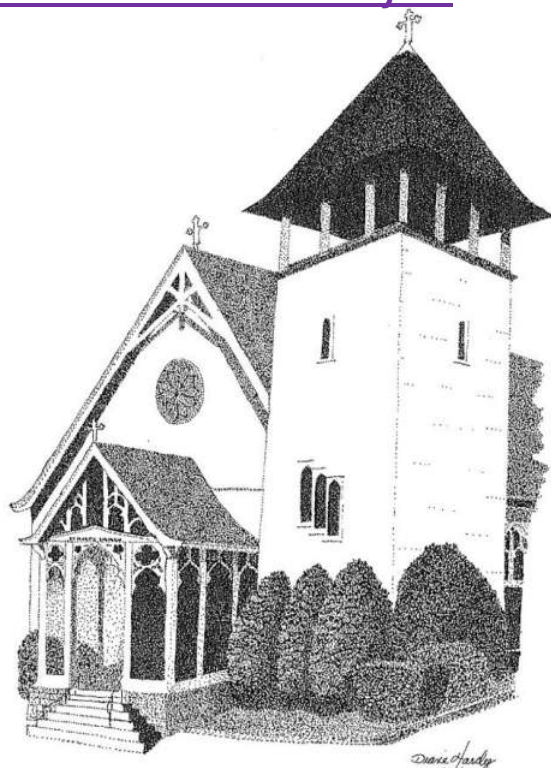
9:00am and 7:00pm

~ OFFICE HOURS ~

Monday through Friday: 9:00am – 2:00pm

Monday and Wednesday: 5:00pm-7:00pm

Saturday and Sunday: Closed



Rev. Joseph Akunaeziri

Pastor

Rev. Kizito Mgbemere

Parochial Vicar

Rev. Paul Nwobi

In Resident

Christine Class

Parish Secretary

John Griffiths

Minister of Music

BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor (914) 664-5855.

CONFESSIONS

Saturday: 4:00 - 4.45pm or call office for an appointment

SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.

First Friday: Healing Mass 7:00 pm

All are invited!

“Truly you have formed my inmost being; You knit me in my mother’s womb. You knew that I was there – You saw me before I was born.” (Psalm 139: 13, 16) PRAY FOR THE UNBORN

ABUSE SURVIVORS: We are grateful you are here today. We are sorry for the intense pain you suffer. We know there are many types of abuse; including sexual, physical, emotional, and psychological. We hope you find this Church community a place of sensitivity that does not exacerbate your pain. We pray that you seek the support and help you need. We also pray that God holds you in His gentle loving hands and helps you heal. Amen.

First Sunday of Advent- Primer Domingo De Adviento November 30, 2025

From the Pastors desk

“Stay awake! Be watchful!” (Mathew 24:42)

Today we enter a new liturgical year with the season of Advent—four weeks of expectant waiting, holy longing, and joyful preparation for the coming of our Lord Jesus Christ. Advent is not simply a countdown to Christmas. It is a spiritual wake-up call. It invites us to lift our eyes from the noise, the routine, and the distractions of daily life and to focus again on what truly matters: Christ is coming—and we must be ready to meet Him. In today’s Gospel, Jesus gives us a direct command: “Stay awake! Be watchful!” This is not the anxious kind of watching, like waiting for bad news, but a hopeful and loving vigilance. Jesus calls us to live in such a way that, whenever He comes—whether at the end of our lives, at the end of time, or in the quiet moments of grace each day—we can welcome Him with joy. The Church reminds us that Christ’s coming is threefold:

1. He came in history in the humility of Bethlehem—God made flesh.
2. He comes to us now in the sacraments, in His Word, and in everyday encounters.
3. He will come again in glory at the end of time.

Advent prepares us for all three. It helps us look back with gratitude, look around with attention, and look forward with hope.

Rev, Joseph Akunaeziri

Seminarians of St. Joseph’s Seminary

Dunwoodie Christmas Gift Card Program, this program is to help the seminarians with their expenses because they have no earning power during their years of formation. How you can participate: 1. Instruction: buy \$25 gift card to put in envelope. 2. Return the envelopes in the collection basket or the Parish office by December 7, 2025. Thank you for your generous.

Christmas Memorial Tree

Placing an inscribed ornament on our Christmas Memorial Tree is a beautiful way to remember a deceased member of your family or a friend; a beautiful way to ask for prayers for healing or special intentions or a beautiful way to recognize your family. If you want to place an ornament on the beautiful Christmas trees in the sanctuary, please fill out the special envelope in the vestibule of the Church and return it by December 19, 2025.

Mass Intentions - November 30 - December 7, 2025

Sunday, 11/30	8:00 am – Zeana Rodriguez (Birthday Blessings) 9:30 am – All Souls Novena 11:30 am – Sebastian Valencia (2 nd Birthday)
Monday 12/1	9:00 am – All our Parishioners 7:00 pm – All our Parishioners
Tuesday, 12/2	9:00 am – Mary & John Moran (Deceased)
Wednesday 12/3	9:00 am – Melissa Santos (Birthday Blessings) 7:00 pm – All our Parishioners
Thursday, 12/4	9:00 am – Angela Lake (Deceased)
Friday, 12/5	9:00 am – Winifred Johnson (Deceased) 7:00 pm – John & Mildred Hernandez (Health)
Saturday, 12/6	9:00 am – Christopher Hegmann (Birthday Blessings) 5:00 pm – Henry Trusty Jr (Health) 7:00 pm – Maria Jorge (3rd Anniversary in Heaven)
Sunday, 12/7	8:00 am – Theresa Kerns & Ida Solano (Deceased) 9:30 am – All our Parishioners 11:30 am – Winifred J. Julien (Heavenly Birthday) Mary L. Olizacee & Martin O. Sorhaindo (Deceased)

First Sunday of Advent - Primer Domingo De Adviento November 30, 2025



Online parish giving. <https://www.parishgiving.org/>

Parish Office Hours: Mon – Fri 9:00 – 2:00; Mon & Wed 5pm to 7pm **Closed:** Saturday & Sunday

Desde el escritorio del Pastor **¡Manténganse despiertos! ¡Estén** **vigilantes!” (Mateo 24:42)**

Hoy comenzamos un nuevo año litúrgico con el Adviento: cuatro semanas de espera expectante, anhelo santo y preparación gozosa para la venida de nuestro Señor Jesucristo. El Adviento no es simplemente una cuenta regresiva para la Navidad.

Es un llamado espiritual a despertar. Nos invita a apartar la mirada del ruido, la rutina y las distracciones de la vida diaria y a centrarnos de nuevo en lo que verdaderamente importa: Cristo viene, y debemos estar preparados para recibirlo.

En el Evangelio de hoy, Jesús nos da una orden directa: “¡Manténganse despiertos! ¡Estén vigilantes!” No se trata de una vigilancia ansiosa, como la de quien espera malas noticias, sino de una vigilancia llena de esperanza y amor. Jesús nos llama a vivir de tal manera que, cuando Él venga — ya sea al final de nuestras vidas, al final de los tiempos o en los momentos de gracia de cada día— podamos acogerlo con alegría. La Iglesia nos recuerda que la venida de Cristo es triple:

1. Vino en la historia en la humildad de Belén: Dios hecho carne.
 2. Viene a nosotros ahora en los sacramentos, en su Palabra y en los encuentros cotidianos.
 3. Vendrá de nuevo en gloria al final de los tiempos.
- El Adviento nos prepara para estas tres venidas. Nos ayuda a mirar hacia atrás con gratitud, a mirar a nuestro alrededor con atención y a mirar hacia adelante con esperanza.

Reverendo Joseph Akunaeziri

Seminaristas del Seminario de San José

Programa de tarjetas de regalo de Navidad Dunwoodie, este programa es para ayudar a los seminaristas con sus gastos porque no tienen poder adquisitivo durante sus años de formación. Cómo puedes participar: 1. Instrucciones: compre una tarjeta de regalo de \$25 para colocar en un sobre. 2. Devuelva los sobres en la canasta de recolección o en la oficina parroquial por 7 de diciembre de 2025.

Gracias por su generosidad.

Árbol Conmemorativo de Navidad

La colocación de un ornamento inscrito en nuestro árbol conmemorativo de la Navidad es una manera hermosa de recordar a un miembro fallecido de su familia o de un amigo; Una hermosa manera de pedir oraciones por sanidad o intenciones especiales. Una manera hermosa de reconocer a su familia. Si desea colocar un adorno en los hermosos árboles de Navidad en el santuario, por favor llene el sobre especial en el vestíbulo de la Iglesia y devuélvalo lo antes posible 19 de diciembre.

Weekly Collection

November 16, 2025 \$ 0,000.00



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ASK **#WHATS
MYNAME**

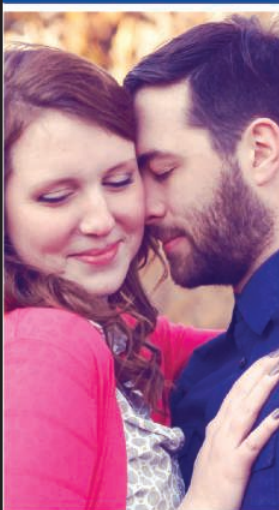


in remembrance of *samantha josephson*

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