

# St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.com](http://www.stmarys-ny.com) - <https://www.facebook.com/StMaryMV>

## ~ MASSES ~

### Saturday Evening

5:00pm, 7:00pm (Spanish)

### Sunday

8:00, 9:30am (Spanish), 11:30am

### Daily (Mon-Sat)

9:00am – English

### Monday & Wednesday

7:00pm – Spanish

### Holy Days

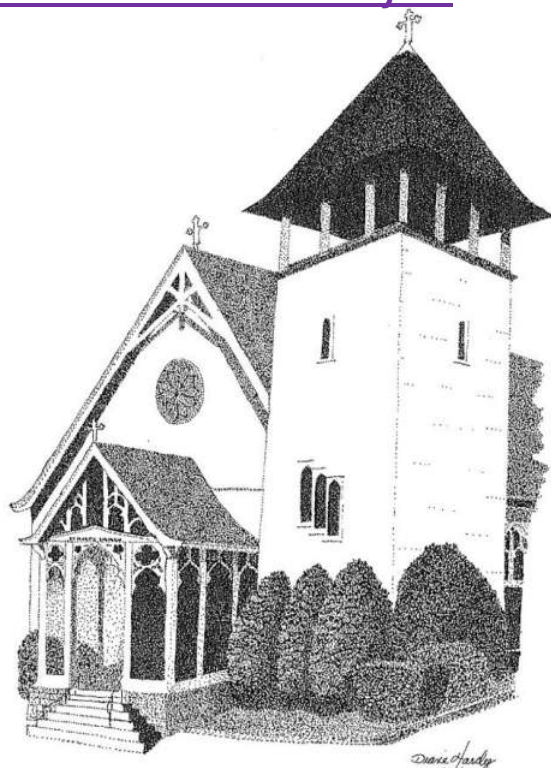
9:00am and 7:00pm

## ~ OFFICE HOURS ~

**Monday through Friday:** 9:00am – 2:00pm

**Monday and Wednesday:** 5:00pm-7:00pm

**Saturday and Sunday:** Closed



## Rev. Joseph Akunaeziri

*Pastor*

## Rev. Kizito Mgbemere

*Parochial Vicar*

## Rev. Paul Nwobi

*In Resident*

## Christine Class

*Parish Secretary*

## John Griffiths

*Minister of Music*

## BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor (914) 664-5855.

## CONFESSIONS

Saturday: 4:00 - 4.45pm or call office for an appointment

## SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.

First Friday: Healing Mass 7:00 pm

All are invited!

*“Truly you have formed my inmost being; You knit me in my mother’s womb. You knew that I was there – You saw me before I was born.” (Psalm 139: 13, 16) [PRAY FOR THE UNBORN](#)*

*ABUSE SURVIVORS: We are grateful you are here today. We are sorry for the intense pain you suffer. We know there are many types of abuse; including sexual, physical, emotional, and psychological. We hope you find this Church community a place of sensitivity that does not exacerbate your pain. We pray that you seek the support and help you need. We also pray that God holds you in His gentle loving hands and helps you heal. Amen.*

**From the Pastors desk**

**Be A Child of hope.**

Many people today have lost hope in everything. People lose hope because of something bad that has happened to the them. People lose hope, because they have lost something big. When someone loses his father, his mother, or his child, they sometimes lose hope. Sometimes they said, what is the reason of living. why suffering to go to school, why suffering to go to work. What is the reason for all these. What is the reason of living. People lose hope in everything because they have no trust in God. But you should not be like those people. You must be a child of hope. You must be a child of faith. We have faith because we know that God is still at work in us. We have hope because we know that God is there for us. We have hope even in death because we know that our life does not end in death, but our life changes to everlasting life. We have hope because God is faithful. He says what is truthful. We have hope because he loves us. You must be a child of hope, a child of faith. You must be a child of God.

**Rev, Joseph Akunaeziri**

**Hello everyone!**

Come out and celebrate at our Mardi Gras Valentine’s Party 🍷❤️ on Saturday, February 14 at 6:00 PM.

🍷 Cost: \$25 per adult | \$10 per child — all-inclusive of food, drinks and desserts!

👗 Dress code: Wear red and come ready to party!

Enjoy great food, singing 🎤, dancing 🕺, music 🎵, and lots of fun.

Don’t miss it—we can’t wait to celebrate with you!

For more information contact Shakila (917) 480-1063 or Jonathan (914) 282-1537

**Generation Life: Chastity and Pro-Life**

Talks Generation Life missionaries will be coming to the Archdiocese of New York February 1-6, 2026 to speak to schools and parish youth groups. Generation Life is a dynamic movement of young people committed to building a culture of life by educating other young people about the chastity and pro-life messages. Visit

[bit.ly/generationlife2026](https://bit.ly/generationlife2026) for more information, including talk descriptions, a parent letter, and cost. Contact Anthony Yetzer at 215-885-8760 ext. 2 or [ayetzer@generationlife.org](mailto:ayetzer@generationlife.org) with questions or to schedule a talk. This is a great opportunity to bring the truths about life and love to the youth.

**Mass Intentions - February 1 - February 8, 2026**

Sunday, 2/1	8:00 am – Angel Lopez (Health) 9:30 am – All our Parishioners 11:30 am – Nancy Lopez (Health)
Monday 2/2	9:00 am – All our Parishioners 7:00 pm – All our Parishioners
Tuesday, 2/3	9:00 am – All our Parishioners
Wednesday 2/4	9:00 am – All our Parishioners 7:00 pm – All our Parishioners
Thursday, 2/5	9:00 am – Olga “Daisy” Gonzalez (13 <sup>th</sup> Anniversary in Heaven)
Friday, 2/6	9:00 am – Mona Smith (32 <sup>nd</sup> Anniversary in Heaven) 7:00 pm – Henry Trusty Jr (Health)
Saturday, 2/7	9:00 am – All our Parishioners 5:00 pm – All our Parishioners 7:00 pm – Jorge Hernandez (Birthday in Heaven)
Sunday, 2/8	8:00 am – All our Parishioners 9:30 am – Jaida Acevedo Colon (Birthday Blessings) 11:30 am – Julián Dau & Pedro Pérez (Deceased)



Online parish giving. <https://www.paritygiving.org/>

**Parish Office Hours:** Mon – Fri 9:00 – 2:00; Mon & Wed 5pm to 7pm **Closed:** Saturday & Sunday

### **Desde el escritorio del Pastor**

#### **Sé un hijo de la esperanza.**

Muchas personas hoy en día han perdido la esperanza en todo. La gente pierde la esperanza por algo malo que les ha sucedido. Pierden la esperanza porque han perdido algo importante. Cuando alguien pierde a su padre, a su madre o a su hijo, a veces pierde la esperanza. A veces se preguntan: ¿Cuál es el sentido de la vida? ¿Por qué sufrir para ir a la escuela? ¿Por qué sufrir para ir a trabajar? ¿Cuál es el sentido de todo esto? ¿Cuál es el sentido de la vida? La gente pierde la esperanza en todo porque no confía en Dios.

Pero tú no debes ser como esas personas. Debes ser un hijo de la esperanza. Debes ser un hijo de la fe. Tenemos fe porque sabemos que Dios sigue obrando en nosotros. Tenemos esperanza porque sabemos que Dios está con nosotros. Tenemos esperanza incluso ante la muerte porque sabemos que nuestra vida no termina con la muerte, sino que se transforma en vida eterna. Tenemos esperanza porque Dios es fiel. Él dice la verdad. Tenemos esperanza porque nos ama. Debes ser un hijo de la esperanza, un hijo de la fe. Debes ser un hijo de Dios.

**Reverendo Joseph Akunaeziri**

### **Día de la Candelaria**

El lunes 2 de febrero de 2026 celebraremos la Fiesta de la Virgen de la Candelaria en la misa de las 7:00 pm. Habrá Bendición de las Familias y Bendición de las Estatuas del Niño Jesús.

#### **¡Hola a todos!**

Vengan a celebrar con nosotros en nuestra Fiesta de San Valentín con temática de Mardi Gras 🎉❤️ el sábado 14 de febrero a las 6:00 p. m.

💰 Precio: \$25 por adulto | \$10 por niño — ¡incluye comida, bebidas y postres!

👗 Código de vestimenta: Vístanse de rojo y vengan con ganas de fiesta.

Disfruten de deliciosa comida, karaoke 🎤, baile 🕺, música 🎵 y mucha diversión.

¡No se lo pierdan! ¡Tenemos muchas ganas de celebrar con ustedes!

Para más información, comuníquense con Shakila al (917) 480-1063 o con Jonathan al (914) 282-1537.

**Weekly Collection**

**January 25, 2026 \$1,594.00**



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ASK **#WHATS  
MYNAME**

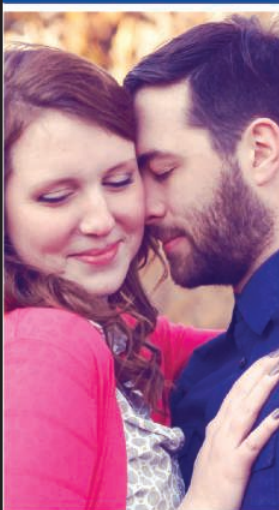


in remembrance of *samantha josephson*

**BEFORE YOU GET IN A RIDE SHARE**

**SAMI** STOP | ASK  
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