



Eleventh Sunday in Ordinary Time  
June 17, 2018

THE KINGDOM OF GOD IS LIKE A  
MUSTARD SEED.

## 5-MINUTE EXERCISE: HOW TO BE WITH GOD ALL DAY

### 5 MINUTE EXERCISE:

#### HOW TO BE WITH GOD ALL DAY

#### The Examen: Five Minutes, Five Easy Steps

Our Epiphany family is busy! And sometimes we don't realize how God is walking with us throughout every moment of our day. St. Ignatius Loyola's Examen is a great way to stop for five minutes -- once, or multiple times during our day -- to find the movement of God in the events of our day. The Examen is simply a set of introspective prompts for you to follow or adapt to your own character and spirit.

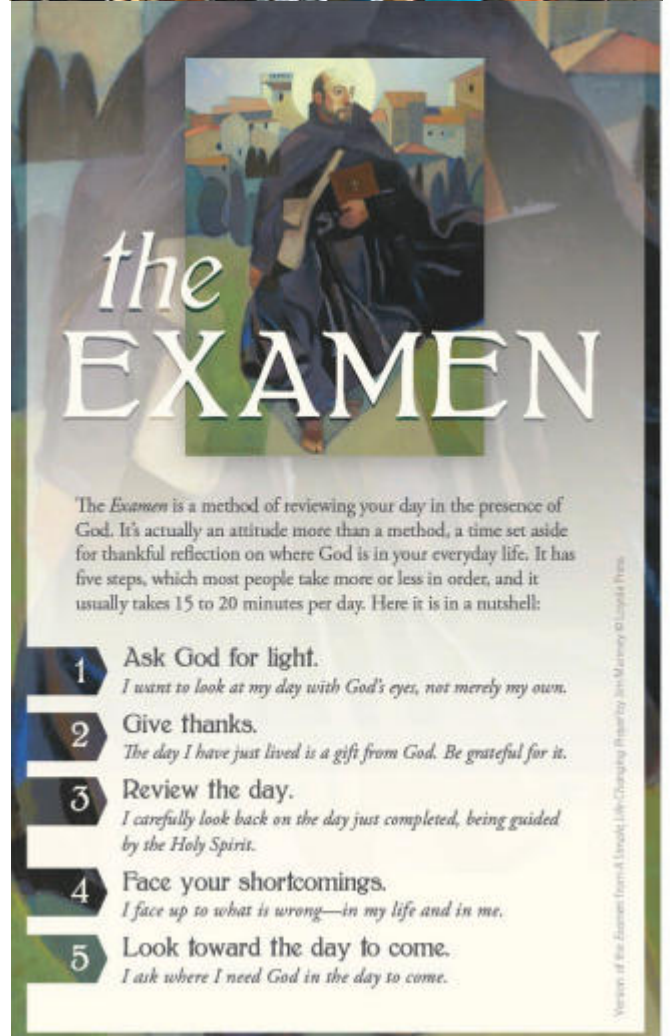
1. **Begin with a pause** and a slow, deep breath or two; become aware that you are in the presence of the Holy. Pray for God's help.
2. **Give Thanks**  
What am I especially grateful for in the past day . . .  
The gift of another day...  
The love and support I have received...  
The courage I have mustered...  
An event that took place today...  
Someone (friend or stranger) whose presence blessed me...

3. **Review my day so far.** I ask for the light to know God and to know myself as God sees me.

Where have I felt true joy today? What has troubled me today? What has challenged me today? Where and when did I pause today?  
Have I noticed God's presence in any of this?

4. **Respond to God's graces for me today**  
In each of the graced moments that I have been given so far today, how have I responded?  
With gratitude? With joy? Did I even notice them?  
Did I behave negatively?
5. **As I look ahead at the rest of the day or tomorrow**  
How shall I live differently? Is God calling me to do something, change something in my life, say yes to someone, apologize to someone I may have hurt?

Allow God to speak to you throughout the 5-minute Examen, and then....resume your life!!



- 1 **Ask God for light.**  
*I want to look at my day with God's eyes, not merely my own.*
- 2 **Give thanks.**  
*The day I have just lived is a gift from God. Be grateful for it.*
- 3 **Review the day.**  
*I carefully look back on the day just completed, being guided by the Holy Spirit.*
- 4 **Face your shortcomings.**  
*I face up to what is wrong—in my life and in me.*
- 5 **Look toward the day to come.**  
*I ask where I need God in the day to come.*

## EPIPHANY PARISH MISSION STATEMENT

**A PLACE OF MERCY AND HOPE, WHERE EVERYONE IS WELCOMED, LOVED, AND FORGIVEN**

### Announced Mass Intentions

#### **Saturday, June 16**

8:00 am Margaret Healy  
4:00 pm Joseph & Frances Cenni

#### **Sunday, June 17**

8:00 am Frank & Elizabeth Matthews  
10:00 am Father's Day intentions  
12:00 pm Timothy J. McGinn  
7:30 pm Our Parishioners

#### **Monday, June 18**

8:00 am Marie & Joseph McGreevy  
12:10 pm Maureen Doyle

#### **Tuesday, June 19**

8:00 am Gertrude Mathieu  
12:10 pm Father's Day Intentions

#### **Wednesday, June 20**

8:00 am Joseph Walsh  
12:10 pm Victor Tabije

#### **Thursday, June 21**

#### **St. Aloysius Gonzaga**

8:00 am Father's Day Intentions  
12:10 pm Jane & Emmanuel Saliba

#### **Friday, June 22**

#### **St. Thomas More**

8:00 am intentions of Fr. Austin Titus  
12:10 pm Mary Seibert

#### **Saturday, June 23**

8:00 am Father's Day Intentions  
4:00 pm Aquilina Diomampo

#### **Sunday, June 24**

#### **Nativity of St. John the Baptist**

8:00 am intentions of Philip & Rose Soroka  
10:00 am José Arroy  
12:00 pm Margarita Feliciano & Lourdes Velasquez  
7:30 pm Our Parishioners

*May the Souls of the Faithful Departed,  
Through the Mercy of God,  
Rest in peace. Amen*



### REMEMBRANCE & SPECIAL INTENTIONS

A wonderful way to remember our loved ones who have passed on and to pray for special intentions, while giving back to God

#### **Announced Mass (\$15)**

#### **Altar Bread & Wine (\$50 / week)**

#### **Sanctuary Lamp (\$20 / week)**

Please make these arrangements at the rectory.



June 17 - 23  
our **Sanctuary Lamp** will burn for  
the health & wellness of  
Norma Caponong

### **Church Hours:**

#### *Monday through Friday hours:*

7:30 am - 9:00 am and 11:30 am - 1:00 pm

#### *Saturday hours:*

7:30 am - 9:00 am and 2:45 pm - 5:30 pm

#### *Sunday hours:*

7:30 am - 1:30 pm and 7:00 pm - 8:30 pm

### **Celebration of the Eucharist:**

*Monday through Friday:* 8:00 am and 12:10 pm

*Saturday:* 8:00 am; Vigil Mass at 4:00 pm

*Sunday:* 8:00 am, 10:00 am (Family Mass),  
12:00 pm (Adult Choir)

7:30 pm (Contemporary Choir)

### **Parish House (Rectory):**

239 East 21st Street, New York, NY 10010-6463

(between Second and Third Avenues)

Office Hours: Mon-Fri 9:00 am - 1:00 pm & 2:00 pm - 5:00 pm

The Parish Office is closed on

Saturday, Sunday, and Holidays

Telephone: 212-475-1966 Fax: 212-504-8363

Website: [www.epiphanychurch.nyc](http://www.epiphanychurch.nyc)

E-mail: [epiphanychurch239@gmail.com](mailto:epiphanychurch239@gmail.com)

### **The Epiphany School:**

234 East 22nd Street; New York, NY 10010-5601

141 East 28th Street; New York, NY 10016

Telephone: 212-473-4128 Fax: 212-473-4392

Website: [www.theepiphanyschool.org](http://www.theepiphanyschool.org)

### **Rev. Austin Titus, Pastor**

Rev. James Mayzik, S.J., *Parochial Vicar*

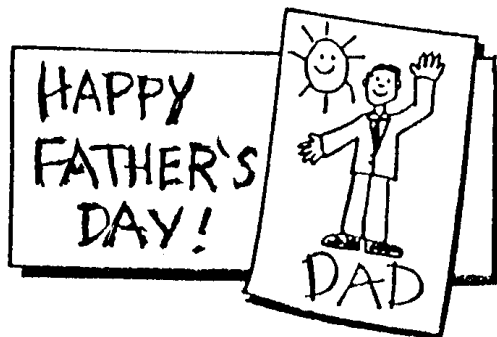
Rev. Msgr. Thomas A. Modugno *In Residence*

Mrs. Kate McHugh, *Principal, The Epiphany School*

Mrs. Kathleen Crimmins, *Director of Religious Education*

Dr. Justin Bischof, *Director of Music Ministries & Organist*

**For information about Sacraments,  
please call the rectory office.**



Mass	June 9-10	capacity
4:00 PM	225	32%
8:00 AM	132	19%
10:00 AM	209	30%
12:00 PM	185	26%
7:30 PM	138	20%
total	889	25%

### **MASS ATTENDANCE**

(church capacity: 700)

### **Sunday Basket Collection**



**June 9 - 10: \$ 6,227**

Tentative Celebrant Schedule	
June 16-17	June 23-24
4 PM - AT	4 PM - JM
8 AM - TM	8 AM - TM
10 AM - AT	10 AM - JM
12 PM - AT	12 PM - JM
7:30 PM - JM	7:30 PM - AT
AT = Fr. Titus	JM = Fr. Jim
TM = Msgr. Modugno	

### **This Week at Epiphany - June 16 - 25**

**Sunday** - Baptisms - 1:15 pm (CH)  
(June 17)

**Tuesday** - Prayer Service & Honors Ceremony - 10:00 am (CH)  
(June 19)

**Wednesday** - OLPH Novena - after 12:10 Mass (CH)  
(June 20) Legion of Mary - 5 pm (rectory)

**Thursday** - Graduation Rehearsal - 9:00 am (CH)  
(June 14) Boy Scouts - 6:30 pm (PH)  
The Song Project - 7 pm (NX)

**Sunday** - Baptisms - 1:15 pm (CH)  
(June 24)



### **The Feast of Our Mother of Perpetual Help**

**Saturday, June 30**

Mass will be celebrated  
at 5:30 PM in the church  
followed by

✠ Novena ✠ Praying of the Rosary ✠ Procession ✠

Join your neighbors & friends at a reception  
following in the parish hall  
with a special program, raffles &  
an enjoyable evening for all.

**Come to the Feast!**

### **RETURN YOUR BABY BOTTLES**

**with your DONATIONS by Father's Day - June 17**

Expectant Mother Care Pregnancy Support Center  
serves girls & women in the NYC area  
to help them choose motherhood  
and honor the sanctity of human life.

**Save a life with your spare change!**  
emcfrontlines.org



### **The 2018 Cardinal's Appeal**

Your gift to the *Cardinal's Annual Stewardship Appeal*.  
enriches our Catholic faith in so many ways.

WEEK 19	# of gifts	GOAL	PLEDGED
2017	213	\$126,000	\$137,490
2018	150	\$135,000	\$ 104,790

We are grateful to everyone who has pledged already,  
though we are struggling this year to bring our totals up to the  
level in the same week in the 2017 *Appeal*,  
especially since the campaign got a late kick-off this year.

*"Well begun is half done."* ~ Aristotle & Mary Poppins

We humbly ask our parishioners to give prayerful  
consideration to making a pledge to the *Appeal*.

### **Why Do We Need a Church?**

**A Conversation with the Reverend Michael Himes**



Tuesday, June 19 at 6:30 PM  
at America Media  
1212 Sixth Av - 11th Fl  
RSVP to [events@americamedia.org](mailto:events@americamedia.org)  
The event is free,  
but donations are most welcome!

The Reverend Michael Himes is a popular preacher and teacher.  
After teaching at the University of Notre Dame,  
he has taught at Boston College for the last 25 years  
and has received numerous teaching awards.  
Most Influential Teacher at Notre Dame, 1990 & 1991  
Outstanding Teacher of the Year at Boston College, 2002  
Before Notre Dame, he was the dean of Immaculate Conception  
Seminary in Huntington, Long Island,  
the seminary for the Rockville Centre & Brooklyn dioceses.  
Rev. Himes received his Ph.D. in theology from  
the University of Chicago.  
He is a native of Brooklyn  
and a priest of the Diocese of Brooklyn.



### **Advice for Dad on Father's Day**



A child in church for the first time watched  
the ushers pass the collection baskets.  
When they neared the pew where he sat,  
he advised his father,  
"Don't pay for me Daddy. I'm under five."



### **CONTEMPLATIVE PRAYER**

**UPCOMING MEETING**  
**June 26th at 6:15 PM**

**IN THE CHURCH**

*"Be still before the Lord and wait patiently for him."* Psalm 37:7

### **Remember Epiphany Parish in your will.**

If you would like to speak to a gift planning specialist about how to  
include Epiphany in your will or living trust,  
call: 646-794-3317 or e-mail: [plannedgiving@archny.org](mailto:plannedgiving@archny.org).

### **Love & Responsibility in NYC**

The Young Adult Outreach Program of the ADNY  
*Announcing: Love & Responsibility NYC* is back at the  
Immaculate Conception Outdoor Garden (414 E 14 St)  
Tues 7:30 - 9:30 PM - June 19 - July 31 (excluding July 3)

Weekly Guest Speakers discuss all relationship matters

✱ Live Music ✱ Refreshments ✱

Week 1 - June 19 - Sr. Miriam Heidland  
Music by Steve Rees  
Week 2 - June 26 - Emily Stimpson-Champman  
Music by His Own  
Week 3 - July 10 - Matt Fradd  
Music by Alverlis

All events are free of charge - visit: [www.catholicnyc.com](http://www.catholicnyc.com)

### **ON THE MONEY**

**This week's surprise expense**

Lock Repair in the Parish Hall

**\$1,395.**





# Epiphany ReNEW

## UPCOMING EVENTS

### Sandwiches for the Homeless

June 17<sup>th</sup> after 12 Noon Mass

Suggested items

mayo + mustard + relish + coffee + peanut butter + jelly + tuna + cookies

brown lunch bags + plastic sandwich bags + plastic spoons & forks

small water bottles + small juices + eggs + ham + turkey

### Spiritual Direction Information Meeting

June 24<sup>th</sup> after 12 Noon Mass

**JOIN US IN RENEWING EPIPHANY!**



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