

Corporal Works of Mercy

Matthew 25!

LENT 2023!

Join us Friday nights after Stations for a
LENTEN Service Activity. Check each
week for what to bring.

MARCH 3RD
FEED THE
HUNGRY

WHAT TO BRING?

*We will fill zip lock bags with items requested for
students weekend food needs.*

ALL ITEMS SINGLE SERVING SIZE:

Ravioli/beef stew/chicken noodle soup

Peanut crackers

Juice boxes

Macaroni

Instant oatmeal

Cereal bowls

Granola bar

Week 2

Snack Sak Program Catholic Charities ADW

*285 backpacks are filled EACH WEEK for children in Calvert County Public
Schools. This provides food for children over the weekend.*

www.catholiccharitiesdc.org/somdfoodbank/

Week 3

MARCH 10TH
GIVE DRINK TO
THE THIRSTY

WHAT TO BRING?

*\$\$ to provide breakfast for shelter residents a "CUP of JOE." How many do you want to
sponsor? \$20 is 10 breakfast meals for 10 shelter residents. We will assemble "CUPS OF JOE"
for Shelter residents.*

CUP OF JOE: Catholic Charities provides breakfast to shelter residents each morning. 1500 CUP OF JOE are given out
DAILY. The cost is \$2.00 per CUP OF JOE when purchased through SHARE food network. Consider how you can support this
ministry.

www.catholiccharitiesdc.org/coj-and-smm/

MARCH 17TH
VISIT THE SICK

Week 4

WHAT TO BRING?

Used flower vases (*smaller is better*) and flowers. We will arrange flowers for HOSPICE staff to take to patients.

Calvert Hospice, located in Prince Frederick, MD provides care for those facing a life-limiting illness, their families and their caregivers supporting the patient's physical, emotional, social and spiritual needs. Included in their services are grief support, children's programs, and caregiver training.
calverthospice.org/

MAR 24TH
BURY THE DEAD

Week 5

WHAT TO BRING?

A PRAYERFUL HEART! We will walk the ROSARY in the garden (*weather permitting*) and pray for those that have gone before us.

MARCH 31ST
CLOTHE THE NAKED

Week 6

WHAT TO BRING?

Gently used clothes. Go through your closets and bring clothing. We'll sort by size and gender and bag for PROJECT ECHO Thrift Store.

Project Echo Thrift Store - Items donated go to help fund the running of Project Echo in Prince Frederick, MD

projectecho.net/thrift-gift-shop/