Instructions for participants in 40 Days for Life - at PP 4600 Gulf Freeway.

- Please make every effort to arrive on time for your scheduled shift, preferably 5 minutes before the half hour. The vigil schedule may be checked by using the link you have been provided to the sign-up. You will receive a reminder from SignUp.com 2 days before your scheduled time.
- 2. Please be prepared to spend an hour outdoors. Use sunscreen if appropriate. Water will not be provided. (You may want to use an umbrella against the sun as well as in the rain.)
 All shifts are expected to be filled no matter what the weather brings. In the case of thunder and lightning, please return to your car and pray there until the storm passes.
- 3. If you know in advance that you will not be able to be at your shift, please notify

Marie McCoy at 281-610-3986 (Cell) or 281-265-7749 (home)

- 4. **Directions:** From Sugar Land, go north on 59 to I-45 **South**. (You will actually go north for a short distance on 288 follow the signs.) From I-45, take exit 44C to Cullen Blvd. After passing Cullen Blvd, there will be a split in the road where Calhoun veers to the right and the Gulf Freeway to the left, up a ramp. **Go up the ramp on the left**. It may appear that it will lead you back to the Freeway, which it would eventually, but you will still be on the feeder road. Just past the PP building, turn right on Eleanor Tinsley Way, and then right again on Gulfcrest. SEE MAP on reverse of this page. Although PP's address is on the Gulf Freeway, we park and stand on Gulfcrest St, which has little traffic. There is a sidewalk to stand on. **Do NOT stand on Planned Parenthood property!**
- 5. Please SIGN IN on the clipboard.
- 6. <u>Please sign a copy of the Statement of Peace for Houston Coalition for Life, and abide by this Statement at all times.</u> Small cards are available with "Stand and Pray Protocol".
- 7. You may, if you wish, wear one of the signs provided, on your back, while you pray facing the clinic. You may stand in one place or walk up and down the sidewalk while you pray.

 Please do not use any other signs except those provided.
- 8. You are free to pray in any manner you wish. Please be respectful of other Christians who may have a different style of prayer than yours. Two or more people present at the same time may pray together if they wish, but if preferred, each may pray separately in silence. This is a time for prayer, NOT a time for chit-chat.
- 9. Prayer booklets (Engl and Spanish) will be available for your use, if you desire.