

KINDS OF "TRANSGENDER" SURGERIES

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Anatomical Region	Procedures	Procedure Descriptions	Preoperative/procedural requirements/recommendations	Postoperative considerations
Dermatologic	Electrolysis	Thermolysis on the follicles; FDA approved	None	Temporary redness & swelling in areas of intervention
	Laser hair removal	Mild radiation for stunting hair growth	None	Temporary redness & swelling in areas of intervention
Adipose	Body Contouring	Liposuction; fat grafting; or implantation in hips, waist, or buttocks	None	Restricted physical activity for a few weeks
	FGCS	Interventions in skeletal structures & soft-tissue landmarks	None	Temporary facial swelling & postoperative liquid diet
	Chondrolaryngoplasty (tracheal shave)	Reduction of tracheal cartilage	None	Temporary redness at incision site
Head and Neck	Laryngoplasty (vocal-fold surgery)	Changing configuration of the vocal folds	Recommended to consult a speech therapist	Complete vocal rest for a few weeks Follow-up with a speech therapist
Chest	Bilateral mastectomy	Removal of mammary tissue	1 letter from MP (hormones not required)	Lifting and arm movement restrictions for 4–6 weeks
	Breast augmentation	Implantation of silicone/ saline implants or fat grafting for increased breast contour	Recommended to have 12 months of E	Lifting & arm movement restrictions for 4–6 weeks
Gonads	Hysterectomy & bilateral salpingo-oophorectomy	Removal of uterus, ovaries & uterine tubes	1 letter from MP 2 letters from MHP 12 months of T Consider FP	Restricted physical activity for a few weeks
	Orchiectomy	Removal of testes & scrotum	1 letter from MP 2 letters from MHP 12 months of E Consider FP	Restricted physical activity for a few weeks

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Genitals	Vaginoplasty	Penectomy, orchiectomy, clitoroplasty, vulvoplasty, & vaginoplasty	1 letter from MP 2 letters from MHP 12 months of Eb 12 months of living in congruent gender role Hair removal of scrotum & penis	Vaginal dilation regimen to maintain vaginal canal Pelvic floor physical therapy Activity restrictions for 4–6 weeks
	Vulvoplasty (or zero- or limited-depth vaginoplasty)	Penectomy, orchiectomy, clitoroplasty, vulvoplasty,	1 Letter from MP 2 Letters from MHP 12 months of E 12 months of living in congruent gender role Hair removal of scrotum & penis	Activity restrictions for 4–6 weeks
	Phalloplasty	Generally 3 stages: (1) Free flap harvest & microsurgical anastomosis to construct a phallus (2) Optional vaginectomy & urethral lengthening (3) Glansplasty, implantation of testes, implantation of erection device	1 Letter from MP 2 Letters from MHP 12 months of continuous Tb 12 months of living in congruent gender role Hair removal of donor site Hysterectomy prior to vaginectomy, if performed	Extended catheterization for urethral lengthening if performed Flap donor site scarring & restrictions during healing processes Activity restrictions for 4–6 weeks
	Metoidioplasty	Reposition of the clitoris to construct a phallus (May also include vaginectomy and multiple stages)	1 Letter from MP 2 Letters from MHS 12 months of continuous T 12 months of living in congruent gender role	Activity restrictions for 4–6 weeks Extended catheterization for urethral lengthening if performed

Overview of Gender Affirming Surgery for the Gynecologic Surgeon
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