

SACRIFICIAL LOVE

Excerpt from BLESSED IS SHE - Lent for the Married

Feb. 28, 2017

— “

Marriage with Andrew is my life's work. A priest friend of ours told us recently, "Your vocation is not to this general idea of marriage; it's to Andrew. And God will call to you from within that vocation." Marriage-to-Andrew is my ticket to Heaven and the most important thing Jesus asks me to do. And so I'm focusing my sacrifices and efforts on seeing that we are bigger than me, as well as the fact that the Lord Himself designed us to draw the other closer to Him.

”

Continue Reading for a list of
15 Things Couples Can Do For Lent

SAZERAC

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- Absinthe, to rinse
- 1 sugar cube
- 1/2 teaspoon cold water
- 3 dashes Peychaud's bitters
- 2 dashes Angostura bitters
- 1 1/4 ounces rye whiskey
- 1 1/4 ounces cognac
- Garnish: lemon peel

1. Rinse a chilled rocks glass with absinthe, discarding any excess, and set aside.
2. In a mixing glass, muddle the sugar cube, water and the Peychaud's and Angostura bitters.
3. Add the rye and cognac, fill the mixing glass with ice and stir until well-chilled.
4. Strain into the prepared glass.
5. Twist the lemon peel over the drink's surface to express the peel's oils, then garnish with the peel.



DINNER & A MOVIE

For this date,
**ANTICIPATE ONE ANOTHER'S
NEEDS!**

Husbands - Prepare (or order) a meal that your wife will appreciate, especially if it's a meal that requires a little sacrifice for your taste buds;)

Wives - Pick a movie & prepare a treat that your husband will appreciate. What is the movie you always say no to immediately when you scroll through the sports, action, maybe documentary lists on Netflix? Pick that one!



Is FAT TUESDAY a Bad Idea?



On some wonderful day long ago or in the recent past you have all taken your vows! Maybe you took them before a crucifix, maybe you didn't. After dinner and before your movie, find a crucifix in your home, print out the vows linked above, and reflect on them together. In what ways have you lived your vows well? In what ways do you need to grow? There are more reflection questions below to help guide your discussion. Share your thoughts aloud with one another and listen with an open heart. Every marriage has room to grow and God has given you time today to start! End by praying your vows aloud. Consider framing them and hanging them near a crucifix in your home as a reminder of the commitment you made to one another and to Christ on your wedding day.

REFLECTION QUESTIONS

- 1. Name one phase of your marriage thus far that you would consider a highlight.**
- 2. Have you been able to love one another through sickness? Your own or that of a family member? How did that support make you feel?**
- 3. Name a specific thing that your spouse does that makes you feel cherished?**
- 4. What is one thing you would like your spouse to do more often that would make you feel loved? Share that with them and listen openly to their response too!**
- 5. Is there something you are not willing to sacrifice for your spouse right now? How can you work through this? Try bringing it to God in prayer.**
- 6. If applicable, how is your relationship with your children? What is one thing each of you can do to grow closer to them in the coming week?**