

## Men's Cornerstone VI March 27 & 28, 2020

### Registration Form

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

### Emergency Contact Information

NAME \_\_\_\_\_

HOME PHONE \_\_\_\_\_

WORK PHONE \_\_\_\_\_

CELL PHONE \_\_\_\_\_

**Recommended Donation:**

**\$75 ☐ or \$100 ☐**

**Please return the registration information  
along with your check made payable to:**

**Our Lady of the Lake Church  
294 Sparta Avenue  
Sparta, NJ 07871  
Men's Cornerstone 2020**

**Dietary Restrictions:** \_\_\_\_\_  
**(Space is Limited)**

CORNERSTONE IS A SIMPLE  
IDEA, BUT ITS IMPACT  
HAS BEEN PROFOUND.

THOUSANDS HAVE  
ATTENDED CORNERSTONE  
WEEKEND RETREATS  
THROUGH THEIR  
PARISH COMMUNITIES.

COME SEE FOR YOURSELF!



QUESTIONS?

PLEASE CONTACT:  
MIKE LUBRANO (973) 383-3503  
CHRIS TORRE (862) 266-3858

OFFICE (973) 729-6107



## *Our Lady of the Lake* MEN'S CORNERSTONE VI MARCH 27 & 28, 2020

### BE NOT AFRAID



**Matthew 14:27**

**But Jesus spoke to them at once.**

**"Be not afraid", he said.**

**"Take courage, I am here!"**

Our Lady of the Lake Church  
294 Sparta Avenue  
Sparta, New Jersey 07871  
Website: [ourladyofthelake.org](http://ourladyofthelake.org)  
Parish Office: (973) 729-6107

## What is Cornerstone?

Cornerstone is a 26 hour retreat that will be held at Our Lady of the Lake Church on March 27th & 28th, 2020.



**BE NOT AFRAID**

During the retreat our team will speak about various aspects of our Catholic faith and share personal stories on these topics.

After each talk there will be an opportunity for discussion and questions – **YOU CAN PARTICIPATE AS MUCH OR AS LITTLE AS YOU WISH.** You are not required to speak. This is your retreat – have fun, laugh out loud, and get to know each other better.

Teams are predominantly lay people - your neighbors and fellow parishioners. While Cornerstone is run by the Laity, we have priests and a deacon involved for spiritual guidance.

## What is the Goal of Cornerstone?

The goal of Cornerstone is for each participant to develop a stronger connection to God so that we may live the life that God wants us to live.

## What is the Purpose of Cornerstone?

The purpose of a Cornerstone retreat is to share experiences and explore individual answers for clarity, purpose, and hope. The retreat means something different to each of us. One thing it does universally is put one in touch with other like-minded people.

Our stories are part of God's story. Only through sharing and owning our stories -- the good and the bad -- can we truly begin to understand and accept ourselves and others, to see how God is working in our lives.

Cornerstone is a 26 hour retreat, allowing adults to become more actively involved in their spiritual development by examining and perhaps sharing their own stories, reflecting upon others, forming meaningful relationships, and building community with God.

Cornerstone is offered once a year and is held in Our Lady of the Lake facilities from Friday night to Saturday evening. The retreat is led by a team of lay people who have previously experienced Cornerstone.



“The stone that the builder rejected has become the cornerstone...”

*Matthew 21:42*

## Who should attend the Men's Cornerstone?

Men 21 years of age or older, who:

- Would like to take some time for reflection and prayer,
- Are interested in working on their connection to God,
- Would like to revitalize their spiritual lives,
- Seek a sense of belonging to a vibrant parish community,
- Want to thank God for the blessings bestowed upon them,
- Hope to find...

## What do I need to bring along?

Pillow with pillow case, flat sheet, toiletries, and a blanket or sleeping bag. You might also like to bring a rain jacket, slippers, and bathrobe. Air mattresses will be provided.

## What is the Dress Code?

Loose fitting, comfortable clothing that you can also sleep in. We will also be attending Mass so you may also want to bring a spare casual, but neat change of clothing.

## Cornerstone Retreat Schedule

**ARRIVAL:** 6 pm Friday at the Cassidy Hall; Registration followed by dinner.

**MEALS:** All food, drink and snacks will be provided. (Please specify dietary restriction prior to retreat)

**DEPARTURE:** At the conclusion of the Cornerstone Mass, Saturday evening, approximately 9:00p.m.