

REFERRALS

AREA	ORGANIZATION	PHONE	WEBSITE
<i>Crisis Hotlines</i>	Response	1 631 751-7500	www.ReponseHotline.org
	National Suicide Prevention Hotline	1 800 273-TALK	www.suicidepreventionlifeline.org
	Covenant House "Nineline"	1 800 999-9999	www.nineline.org
	Crisis Chat	1 800 273-TALK	www.crisischat.org
	LIRR Suicide Prevention	1 877 582-5586	
	Middle Earth Hotline	1 516 679-1111	
	National Hopeline Network	1 800 SUICIDE	www.hopeline.com
	National Runaway Switchboard	1 800 Runaway	www.1800runaway.com
	Runaway Hotline	1 516 679-1111	
	Children of Hope	1 877 796-HOPE	
	Safe Center of LI (physical or mental abuse)	1 516 542-0404	
<i>Abuse</i>	Safe Center of LI	1 516 465-4700	www.tscli.org
<i>Bereavement</i>	National Alliance for Grieving Children		www.Nationalallianceforgrievingchildren.org
	Bridge Counseling & Bereavement Center	1 631 360-6695	www.bridgecounselingcenter.com
<i>Bullying</i>	Get Net Wise		www.getnetwise.org
	i-SAFE		www.i-safe.org
	Internet Keep Safe Coalition		www.iKeepSafe.org
	Stop Bullying Now		www.stopbullyingnow.hrsa.gov
	Stay Safe		www.staysafe.org
	Wired Safety		www.wiredsafety.org
<i>Drug & Alcohol</i>			
	Al-Anon and Alateen	1 757 563-1600	www.al-anon.alateen.org
	Center for Addiction Recovery & Empowerment	1 631 532-5234	www.care-ny.com
	Daytop	1 631 351-7112	www.daytop.org
	Family Service League	1 631 647-3100	www.fsl-li.org
	LICR - (Long Island Center For Recovery	1 631 728-3100	www.licrrehab.com
	Nassau County Drug & Alcohol Services	1 516 481-4000	
	National Institute on Drug Abuse	1 800-662-HELP	www.drugabuse.gov
	Office of National Drug Control Policy	1 800 788-2800	www.TheAntiDrug.com
	Outreach Adolescent Services	1 631 286-7000	www.opiny.org
	The Partnership at Drugfree.org	1 855 378-4373	www.drugfree.org
	Seafeld Adolescent Program	1 631 363-2001	www.seafeldcenter.com
	Substance Abuse & Mental Health Services	1 800 662-HELP	www.samhsa.gov/treatment
	Suffolk County Coalition for Drug & Alcohol	1 516 366-1717	
<i>Eating Disorders</i>			
	American Anorexia Bulimia Association	1 212 575-6200	www.aabainc.org
	Eating Disorders Awareness & prevention	1 800 931-2237	www.edap.org
	National Eating Disorders Association	1 800 931-2237	www.nationaleatingdisorders.org
<i>Mental Health</i>			
	NYS Office of Mental Health - Public Educ.	1 866 270-9857	www.omh.state.ny.us
	Nassau County Mental Health Association	1 516 489-2322	
	Suffolk County Mental Health	1 631 853-3114	
	Wave Length Psychology	1 800 871-5491	

Self-Harm			
	Pandora's Project		www.pandys.org
	S.A.F.E. Alternatives	1 800 366-8288	
Suicide			
	COPE Amy Olshever, PhD, LCSW Clinical Director	1 516 832-COPE	www.copefoundation.org amyolshever@copefoundation.org
	National Suicide Prevention Lifeline	1 800 273-8255	
	Suicide Prevention Coalition of LI	631 751-7620	www.preventsuicideli.org
	Suicide Prevention Resource Center		www.sprc.org
	American foundation for Suicide Prevention Ann Morrison - Long Island Director Support groups by area code Ten things you can do for yourself in the aftermath of a suicide General information on how to find support in the aftermath of a suicide Requesting a visit with one of our Survivor Outreach Program volunteers (a fellow loss survivor who is trained to offer peer-to-peer support) Finding a suicide loss survivor support group in your community International Survivors of Suicide Loss Day information, main website Documentary about the experience of losing a loved one to suicide: "The Journey: A Story of Healing & Hope" Books concerning suicide loss:	516-869-4215	www.afsp.org mailto:mamorrison@afsp.org afsp.org/find-support/live-lost-someone/resources-loss-survivors/ http://www.afsp.org/coping-with-suicide-loss/where-do-i-begin/10-things-to-cope http://www.afsp.org/coping-with-suicide-loss/find-support http://www.afsp.org/coping-with-suicide-loss/find-support/survivor-outreach-program http://www.afsp.org/coping-with-suicide-loss/find-support/find-a-support-group http://www.survivorday.org http://www.survivorday.org/survivor-day-documentaries www.afsp.org/coping-with-suicide-loss/resources/books-for-survivors
24 Hour Crisis Center	D.A.S.H. Diagnostic, Assessment & Stabilization Hub	631 952-3333 516 227-8255	90 Adams Avenue Hauppauge
Walk in Sun-Fri 8am-6pm	Mindful Urgent Psych Care	516 447-4228 516 342-3566	200 Broadhollow Rd #119 Melville 35 Broadway Hicksville
COVID	NYS/Project Hope	855-818-4673	www.nhcc.us

Centers	Town	Phone	Website
Adelphi Univ Psychotherapy Cntr	Garden City	516 877-4841	efarrell@adelphi.edu
Advanced Counseling Associates	Bay Shore	631 647-9009	
Brookhaven Mental Health Clinic	Patchogue	631 854-1222	
Butterfly Clinical SW Practice	Bay Shore, Medford,	631 666-1951	
Catholic Charities MH Clinic	Bay Shore Medford	631 665-6707 631 654-1919	https://www.catholiccharities.cc/our-services/mental-health-outpatient
Catholic Counseling Center	Nassau/Suffolk	631 243-2503	www.thecatholiccounselingcenter.com
Center for Coping	Hicksville	516 822-3131	www.coping.com
Child & Family Wellness Center	Lake Grove	631 981-8300	www.iyerwellnesscenter.com
COBS	Amityville	631 608-5900	Comprehensive Outpatient Behavioral Services@southoaks.com
Evolve Psychiatry	Massapequa	631 773-1096	www.evolvepsychiatry.com
Family & Children Association	Hicksville	516 935-6858	www.familyandchildren.org
Family Service League	Bay Shore	631 427-3700	www.fsl-li.org
Freidman Center	Lake Grove	631 737-5559	
Hispanic Counseling Center		516 538-2613	www.hispaniccounseling.org
Hofstra University PTSD Clinic	Uniondale	516 463-6535	
Lager Counseling Center	Wantagh & Bohemia	516 221-2123	www.lagercounseling.com
Life Center	Huntington	631 673-5433	www.LifeCenterLI.com
Living Waters Counseling Ctr	Melville	631 754-3990	www.livingwaterscounseling.biz
LICADD	Westbury Holbrook	516 747-2606 631 979-1700	www.licadd.org
Lock & Key Therapy, LCSW, PLLC	Massapequa	516 524-4468	www.lockandkeytherapy.com
Long Island Crisis Center	Bellmore	516 826-0244	www.longislandcrisiscenter.org
Long Island Mind and Body	Garden City	516 747-1470	www.limindbody.com
Mindful Care Psychiatry	W Hempstead		
New Hope Rising	Westhampton	631 336-9990	
New Horizon	Copague	631 257-5173	www.NHCC.US
New York Cognitive	Babylon Village	631 321-7107	
Pederson Krag Center	Wyandanch	631 920-8250	
Perspectives Counseling Center	Plainview	516 349-1708	
RISE Life Services	Riverhead	631 727-6220	www.RiseLifeServices.org
Safe Center of LI	Bethpage	516 465-4700	www.tscli.org
Serenity Counseling	Patchogue	631 307-4409	
Suffolk Family Therapy	Bohemia & Smithtown	631-503-1539	www.suffolkfamilytherapy.com
Sunrise Counseling Center	Islip, Babylon, Bay Shore	631 666-1615	www.sunrisecounseling.com
Sunrise Prevention Center	Port Jefferson Station	631 476-3099	Shine1@optonline.net
South Bay Wellness Center	Sayville	855 55B-WELL	www.southbaywellnesscenter.com
South Oaks Outpatient/COBS		631 608-5900	
S. Oaks Adol Partial Hosp/APHP		631 608-5340	lbromberg@northwell.edu Leslie Bromberg LCSW- 631 608-5222
S. O. Schoolbased Mental Health			SOH-SBMHS@northwell.edu
South Shore Counseling Center	Patchogue East Islip	631-286-8282 631 579-3503	www.southshorecounselingcenter.net
South Shore Family Guidance	Freeport	516 868-3030	
Krasner Psychological Center	Stony Brook University	631 632-7830	www.stonybrook.edu/commcms/krasner-center
Town of Babylon Youth Institute	281 Phelps Ln, Babylon	631 422-7658	www.townofbabylon.com
Town of Brookhaven Youth Prog	Farmingville	631 451-8011	
YES Counseling Center	Massapequa	516 799-3203	www.yesccc.org

Therapists	Town	Phone	Website
Linda Beliveau	North Merrick	631 807-0761	www.20-20pathways.com (PTSD work)
Delores Bock	East Islip	631 277-4240	
Matt Brown			
Barbara Comfort, LCSW	Hicksville & Northport	631 754-1381	
Amy D'Antonio, LCSW		631 742-1416	
Maureen Ford, LMSW	Sayville	855 631-3524	www.southbaywellnesscenter.com
Bridget Gallo, LMSW	Amityville	631 264-0058	
Mary Anne Geskie, Ph.D.	West Islip	631 422-5952	
Mary Gravina LCSW-R	Carleton Ave, East Islip	516 901-0991	
Monique S Griffith, Psy.D.	West Babylon	732 207-8500	
Ann Kurz, Ph.D.	Huntington Station	631 423-2660	
Linda Mc Le hose, L.C.S.W.	Islandia	631 656-0472	LI Behavioral Medicine
Anthony Pantaleno, Ph.D.	Commack	631 543-8336	www.drpanaleno.com
Trish Pantina, LCSW	Oyster Bay	516 625-3101	
Debra Pitman, DSW	Wantagh	516 799-2408	Eating disorders in teens
Elizabeth A. Plate, LCSW	Bohemia, Ronkonkoma	516 702-3013	www.ElizabethPlate.org
Regina Przywara, LCSW-R	Medford	631 758-1627	
Matt Raffaele, LCSW		516-993-3688.	
Angela Rine, LMCH	The Raising Hope Center	516 458-6162	435 Main Street #5
Jeff Silberman, Ph.D.	Huntington	516 729-0111	
Marie Schwarz, NP	Babylon	631 321-1500	
Stacy Schoenbach, Psych NP		631 707-2394	
Marjorie Sugarman, D.C.S.W.	Smithtown	631 621-6049	
Diane F. Sweet, LCSW		516 248-2218	DFS LCSW@gmail.com
Ron Villano, LMHC	East Islip	631 758-8290	
Michelle Virga, LCSW			Mvirga.lcsw@gmail.com
Rebecca Oakes, PhD	West Islip	631 321-7107	
Psychiatrists	Town	Phone	Website
Dr. Mitchell Banks	Melville	631 414-7272	
Dr. Edward Barnoski	Patchogue	631 366-3369	
Dr. Shelly Berman	Oceanside	516 374-4417	
Dr. Karin Burkhard	Hauppauge	631 864-9200	
Dr. Jason Careri	Garden City	516 960-8096	
Dr. Andrea Carlson	Huntington	631 923-0006	
Dr. Pascale Chrisphonte	Farmingdale	516 752-2099	
Dr. Frank Dowling	Garden City Islandia	516 747-1470 631 656-0472	LI Mind & Body LI Behavioral Medicine
Dr. Stanley Hertz	Roslyn Heights NY	516-484-6366	DrHertz@StanleyHertzMD.com Eating disorders www.Stanleyhertzmd.com
Dr. Jeffrey Kent	Jericho	516 932-0435	
Dr. Vlad Kononchuk	Dix Hills	347 669-1382	kononchukMD@gmail.com
Dr. Daniel Lieberman	Islip	631 583-7766	Western Suffolk Psych
Dr. Edward Schectman	Commack	631 386-8090	

Mental Health Professionals

<i>AREA OF EXPERTISE</i>	<i>DEFINITION</i>
Psychiatrist	Medical doctor with special training in the diagnosis and treatment of mental and emotional illnesses. Licensed to prescribe medication
Psychologist	Master's in psychology with 2 or more years of supervised work experience; trained to diagnose and provide therapy.
Clinical Social Worker	Master's in social work with supervised work experience; trained to diagnose and provide therapy
Licensed Clinical Social Worker	Clinical Social Worker who has passed state's licensing exam
Licensed Professional Counselor	Master's in psych, counseling or related field; trained to diagnose and provide counseling.
Mental Health Counselor	Master's in counseling with several years of supervised work; trained to diagnose and provide counseling
Certified ETOH/Drug Counselor	Counselor with specific clinical training in alcohol and drug abuse; trained to diagnose and provide counseling
Nurse Psychotherapist	Registered nurse trained in psychiatric and mental health nursing; trained to diagnose and provide counseling
Neurologist	Medical doctor trained to diagnose/treat organic problems of brain & nervous system