

LifeTeen: High School Youth Ministry (Grades 9-12). **Sundays 5:30-8:00. Dinner provided.**

Purpose: LifeTeen nights are gatherings designed to actively engage teenagers in their Catholic faith journey through education, community building, and spiritual growth.

Key Features:

1. **Dynamic Teachings:** Each LifeTeen meeting contains a dynamic teaching segment focused on a specific aspect of the Catholic faith. These teachings are presented in a relatable and engaging manner tailored for teenagers.
2. **Small Group Discussions:** Following the teaching, teens break into small groups. Here, they delve deeper into the topic, sharing their thoughts, asking questions, and supporting one another in a more intimate and supportive setting.
3. **Interactive Activities:** LifeTeen incorporates interactive activities related to the meeting's theme. These activities are designed to enhance understanding and make the learning experience memorable and enjoyable.
4. **Prayer and Worship:** A significant part of LifeTeen is dedicated to prayer and worship. This includes opportunities for personal reflection, group prayer, and even Eucharistic Adoration, fostering a deeper connection with God.
5. **Community Building:** LifeTeen emphasizes community building among teens. It provides a safe and welcoming space for them to form meaningful friendships, share experiences, and grow together in their faith journey.

Benefits:

- **Faith Formation:** LifeTeen deepens teenagers' understanding and application of their Catholic faith, equipping them with knowledge and spiritual tools for their daily lives.
- **Peer Support:** Small group discussions and community activities create a supportive environment where teens can share challenges and triumphs in their faith journey.
- **Personal Growth:** Through prayer, reflection, and interactive learning, teens develop a deeper personal relationship with Jesus Christ and grow in their spirituality.
- **Engaging Experience:** Interactive activities and dynamic teachings make LifeTeen both educational and enjoyable, encouraging active participation and enthusiasm for learning about their faith.

Conclusion:

LifeTeen provides a transformative and supportive environment where teenagers can actively engage with their Catholic faith, build community, and deepen their relationship with Jesus Christ and The Church community.